



# Trans\* Friendly Resources in the Treasure Valley

**This resource list is compiled by the Boise State University Gender Equity Center. Special thanks to students in Trans Alliance, Dianne Piggott and everyone else who has shared their positive experiences with providers in the community, so we could include them in this guide.**

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# Aesthetic Services

## **Electrolysis and Laser Hair Removal**

Ada West Dermatology

1618 S. Millennium Way, Suite 100

Meridian, ID 83642

<http://www.adawestdermatology.com/index.html>

(208) 884-3376

## **FtM Essentials**

Binders

<https://www.ftm essentials.com/collections/binders>

## **Kathy's Wig Boutique**

Kathy has worked with the trans-femme community for many years.

21 North Orchard Street

Boise, ID 83706

<https://www.facebook.com/Kathys-Wig-Boutique-155432027828388/>

Phone: (208) 376-2995

# Boise State University Resources

The resources in this section (pgs. 2-3) are located on the Boise State University campus.

## **Alicia Estey, Interim Coordinator of Title IX/ADA/504 Compliance**

Title IX of the Education Amendments of 1972 (“Title IX”) prohibits discrimination on the basis of sex in educational programs and activities. Title IX applies to public and private educational institutions that receive federal funds—including Boise State University. To file a report, visit:

<https://compliance.boisestate.edu/title-ix/>

Or [ReportDiscrimination@boisestate.edu](mailto:ReportDiscrimination@boisestate.edu)

Office of Institutional Compliance  
Riverfront Hall, Room 306  
(208) 426-1258

## **CARE Report**

The CARE Team responds to **distressing, disturbing, disruptive, and dangerous** behaviors. File an anonymous report about someone affiliated with the college if you have any concerns about their well-being.

<http://care.boisestate.edu/>

## **Compliance Reporting Hotline**

Boise State University is committed to conducting its affairs ethically and in compliance with applicable laws and regulations as well as institutional policies. Visit the site below to learn more about policies and how to file a report.

<https://secure.ethicspoint.com/domain/meda/en/gui/37887/index.html>

## **Counseling Services**

The counseling center will provide individual counseling to students.

208-426-1459

<https://healthservices.boisestate.edu/counseling/>

## **Gender Equity Center**

The Boise State University Gender Equity Center empowers students to achieve their academic goals by providing educational outreach; a safe space; and confidential, no-cost support services for people of all genders.

Website: <http://genderequity.boisestate.edu/>

Facebook:

<https://www.facebook.com/BoiseStateGenderEquityCenter/>

## **Housing and Residence Life**

Housing and Residence Life provides a vibrant residential experience that promotes learning, academic excellence, and meaningful relationships. Gender inclusive housing is available in most locations.

[housing@boisestate.edu](mailto:housing@boisestate.edu)

(208) 447-1001

# Boise State University Resources (Continued)

## Human Resources

Employees can change their preferred name by logging on to the HR System (Peoplesoft). Select 'Personal Information' then 'Names'. This will change the name on all university documents. Employees with a legal name change will need to provide an updated social security card and complete a Name Change Request form through the Human Resources office. Employees will need to contact OIT to change their email address.

<https://hrs.boisestate.edu/>

208-426-1616

## Information Desk

Students can receive a replacement Bronco ID card at no cost to update chosen or legal name. Bring a valid ID with your name to the Information Desk in the Student Union Building.

## Office of the Registrar

Students can change their preferred name by logging onto their Student Center on my.boisestate.edu. From the 'Main Menu' drop down tab, select 'Self Service', then 'Campus Personal Information' and then 'Names'. This will change the name on all university documents. To change a primary name, date of birth, social security number or Academic Advisor, username and/or email address students should fill out the 'Information Update' form at

<http://registrar.boisestate.edu/forms/student-forms/>

208-426-4249

## Pride Alliance

Provides a safe space for LGBTQIA students at Boise State University to socialize with meetings that include games and activities.

<https://www.facebook.com/BSUpridealliance>

## Transgender Alliance

Advocates for transgender, non-binary, and gender non-conforming students on campus. We hold regular meetings and events on Boise State campus.

<https://www.facebook.com/boisestatetransalliance/>

## Communities for Adults

### **a.l.p.h.a. (Allies Linked for the Prevention of HIV and AIDS)**

208-424-7799

537 W Bannock St, Suite 100, Boise, ID 83702

<http://www.alphaidaho.org/>

ALPHA is committed to preventing the transmission of HIV and AIDS. They accomplish this through education, public awareness, testing and providing support to infected and affected individuals. ALPHA also provides free STI screening for Gonorrhea and Chlamydia. Monday-Friday 11am-8pm

### **Community Activism: Emily Jackson-Edney**

The Community Center's mission is to provide an inviting and safe facility for the use of all LGBT and allied community organizations and individuals. A local Trans activist, who runs the Tri-States Trans support group offered through the Community Center. [Emiedney@hotmail.com](mailto:Emiedney@hotmail.com)

### **The Community Center**

1088 N Orchard St, Boise, Idaho

208-336-3870

<https://tccidaho.org/>

FB: <https://www.facebook.com/pages/The-Community-Center-TCC/95442614535>

Hours: Monday & Wednesday 1pm – 3pm

Tuesday, Thursday, & Friday CLOSED

Saturday 10am - 12pm, 1pm - 4pm

Sunday CLOSED

### **Treasure Valley PFLAG**

“PFLAG” is Parents, Families, and Friends of Lesbians and Gays. PFLAG supports LGBT people, their families and friends locally and nationally by providing PFLAG chapter help lines, support group meetings and resources.

Phone: 208-863-5831

Email: [luz\\_id@yahoo.com](mailto:luz_id@yahoo.com)

### **Tri-States Transgender Group**

Facebook and Social Support

FB:

<https://www.facebook.com/TristateTrans/>

Provides support, advocacy, education and social opportunities for the transgender community in a safe and fun atmosphere. Outreach is to the entire spectrum of the transgender community including cross dressers, transsexuals (FtM, MtF), intersex, two-spirit, genderqueer transgender significant others, and those interested in gender issues. For information (and for a initial interview for first-time attendees), contact Emilie Jackson-Edney at 208-830-7253 or [emiedney@hotmail.com](mailto:emiedney@hotmail.com)

### **Wassmuth Center for Human Rights**

208-345-0304

777 South 8<sup>th</sup> Street, Boise, ID 83702

<https://wassmuthcenter.org/wassmuth-center-for-human-rights-boise/>

The Center's Mission is to promote respect for human dignity and diversity through education and to foster our individual responsibility to work for justice and peace. The center offers programs pertaining to the education of the spiral of injustice.

# Communities for Youth

## **The Community Center**

See “Communities for Adults” on page 4 for additional details

## **GLSEN**

A National Education Organization focused on ensuring safe schools for all students, regardless of their sexual orientation, gender identity or gender expression.

<http://www.glsen.org/>

FB: <https://www.facebook.com/GLSEN/>

## **Youth Alliance for Diversity**

YAD is open to all LGBT and allies aged 20 and under. It meets every Sunday from 4-6pm at The Community Center (TCC).

1088 N. Orchard, Boise, ID 83705

<https://www.facebook.com/boiselgbtyouth>

# Counseling

## **Boise State Counseling Services**

See “Boise State University Resources” on page 3 for additional details.

## **Dr. Misty Wall, PhD, MSSW, LCSW**

LGBT Issues, Family Adjustment  
2825 S. Meridian Road, Suite 150  
Meridian, ID 83642  
208-297-9495  
<https://www.drwallandassociates.com/>

## **Jennifer Gess, PhD, LMHC, LCPC**

LGBTQA Distance Counseling and Training  
425-922-9016  
[www.jennifergess.com](http://www.jennifergess.com)

## **Jen Moore, LPC, NCC, M.Coun.**

LGBTQ+ (more description)  
Oak Tree Counseling and Wellness  
3350 W. Americana Terrance Suite 210B  
Boise, ID 83706  
208-917-1131  
<https://www.jenmoorecounseling.com/>

## **Kristine Kirsch, LPC, M.Coun.**

Individual Counseling and transition  
Group. Group offers a therapeutic support  
for individuals on hormone replacement  
therapy. Closed group meets every other  
Monday evening at 7pm. Contact for  
openings and prescreening requirements.  
Synchronicity Counseling  
3350 Americana Terrace, Suite #215 Boise,  
ID 83706  
208-830-8658  
[http://www.kirschcounseling.com/Resources  
forTransgenderedClientsandFamily.en.html](http://www.kirschcounseling.com/ResourcesforTransgenderedClientsandFamily.en.html)

## **Mardi Stacy, PhD, PLLC; Licensed Psychologist**

Work with adults, teens and couples, seeking  
help with relationships, transitions and more.  
1718 W Jefferson, Boise, ID, 83702  
208-424-8130  
<http://www.mardistacyphd.com/>

# Crisis Support

## **Adriane Bang and Kim Camacho, LMSW**

Boise State Gender Equity Center  
Licensed Master Social Worker Adriane Bang  
and Kim Camacho can meet with students for  
support service meetings and provide referrals  
Monday-Friday 8am-5pm.  
<https://genderequity.boisestate.edu/>  
208-426-4259

## **IYG National Hotline for LGBT Youth**

Provides comprehensive information about  
national and local resources for LGBTQ  
teens.  
(1-800-347-TEEN)

## **The Northwest Network**

Description of services  
<https://www.nwnetwork.org/support-for-survivors>

## **Self-Rescue Manual**

A guide to all community resources and  
supports in Ada County.  
<http://www.selfrescuemanual.com/>

## **Idaho Suicide Prevention Lifeline**

A crisis intervention, emotional support,  
problem solving and referrals to local  
resources for persons at risk for suicide and  
for those concerned about them.  
<https://www.idahosuicideprevention.org/>  
Text or Call: 1-208-398-4357

## **Trans Lifeline**

A crisis support hotline staffed by transgender  
people for transgender people.  
[translifeline.org](http://translifeline.org)  
877-565-8860

## **Trevor Project/ Helpline**

Crisis Intervention for LGBT Youth  
1-866-488-7386  
TrevorText: Text START to 678678  
<http://www.thetrevorproject.org/section/about>



# Support and Education for Allies, Friends, Family, School Administrators

## **Boise State University Gender Equity Center LGBTQIA+ Presentations:**

Presentations can be requested by professors and student organizations. Current offerings include LGBTQIA+ LGBTQIA+ 102, 208-426-4259

<https://genderequity.boisestate.edu/>

## **TransYouth Family Allies**

TYFA empowers children and families by partnering with educators, service providers and communities, to develop supportive

environments in which gender may be expressed and respected.

<http://www.imatyfa.org/>

888-462-8932

## **Treasure Valley PFLAG**

Parents, Families, and Friends of Lesbians and Gays (PFLAG) supports LGBT people, their families and friends locally and nationally by providing help lines, support group meetings and resources.

Phone: 208-863-5831

Email: [luz\\_id@yahoo.com](mailto:luz_id@yahoo.com)

# Name Changes, Documents and Identity

## **American Civil Liberties Union of Idaho (ACLU)**

LGBT Rights, Voting Rights, and Transgender Document Rights. Excellent starting point if you feel you have been discriminated against.

PO Box 1897, Boise, ID 83701

<https://acluidaho.org/>

208-344-9750

## **Fair is Fair Idaho**

Associated with the ACLU of Idaho: How to information for name change and gender change in Idaho.

[www.fairisfairidaho.org](http://www.fairisfairidaho.org)

## **Idaho Birth Certificate Changes**

Name changes on birth certificates have to be amended through Idaho's Health and Welfare Department's office of vital statistics. A letter needs to be prepared for the request, along with a government issued ID and supporting documentation (court ordered legal name change document). It costs \$13.00 and still could be rejected. There is no policy about whether or not the department will grant your request, but you can appeal if they deny it. The other downside to this is the "old" name is printed below the "new" name, meaning that if a birth certificate is needed for use, it will most likely "out" the person as being transgender.

People who were born in Idaho can apply to change the indicator of sex on their birth certificate to match their gender identity; no

medical documentation is required. To apply for an updated birth certificate, the applicant must submit all items in the Idaho Gender Change Packet to the Idaho Bureau of Vital Records and Health Statistics. There is a fee of \$20 to process the application and \$16 for each new birth certificate.

[https://healthandwelfare.idaho.gov/Portals/0/Health/Vital%20Records/GenderChangePacket\\_4-18.pdf](https://healthandwelfare.idaho.gov/Portals/0/Health/Vital%20Records/GenderChangePacket_4-18.pdf)

## **Idaho Driver's License Changes**

Once you receive a court ordered name change document, Idaho allows for a name change on your driver's license, vehicle title and registration, IRS, voter registration, passport, as well as notifying banks, credit card companies and insurance for \$29.95. After this is completed, you can change your Social Security card by re-applying with your passport or driver's license or ID and it's free.

## **Legal Name Change**

Visit the websites below to learn how to change your name in the state of Idaho.

<https://courtselphelp.idaho.gov/name-changes>

<https://www.idaholegalaid.org/node/2215/name-change-self-help-forms>

## **Name Change with Boise State Registrar Office**

See Boise State University Resources, pg. 2

# Physicians

**Dr. Anthony Jordan, M.D.**

FtM Hormone experience, Family Practice  
St. Luke's Family Health  
12080 West McMillan Road, Boise, ID 83713  
<https://www.stlukesonline.org/health-services/providers/jordan-anthony>  
(208) 375-4955

**Dr. Ashley Davis, M.D.**

Certified in Family Medicine  
Hormones and General Practice  
30% discount on office visit and 10% discount on bloodwork for cash payments  
222 North 2nd Street #204, Boise, ID 83702  
<http://davisfamilymedicine.net/>  
208-429-9100

**Dr. Daniel P. Flynn, M.D.**

Pediatric Endocrinology  
St. Luke's Children Endocrinology  
Idaho Professional Building 125 E. Idaho St Suite 200  
Boise, ID 83712  
Open Mon-Fri 8am-4pm  
<https://www.stlukesonline.org/health-services/providers/flynn-daniel>  
208-381-7340

**Dr. Lisey Etherington, M.D.**

FtM Breast Reconstruction  
Saint Alphonsus Medical Group Plastic & Reconstructive Surgery  
900 N Liberty St, Ste 101, Boise, ID 83704  
<https://www.saintalphonsus.org/reconstructive-surgery>  
208-302-2200

**Dr. Marvin Alviso, M.D.**

Family Medicine Residency  
Family Medical, hormones, Puberty Blockers, HIV-AIDS, Sliding scale available for cost of office visit and prescriptions (including hormones)  
777 N Raymond St, Boise, ID 83704  
<http://www.fmidaho.org/residency/>  
208-514-2500

**Dr. Tara Whitaker, M.D.**

Family Medicine, Hormones  
Capital City Family Medicine  
1520 W. State Street, Suite 100, Boise, Idaho 83702  
<https://www.stlukesonline.org/health-services/providers/whitaker-tara>  
208-947-7700