

**Raissa Miller, Ph.D., LPC**  
Department of Counselor Education  
Boise State University  
1910 University Drive, Education Bldg. 643  
Boise, Idaho 83725  
208-426-1307  
raissamiller@boisestate.edu

## **AREAS OF EXPERTISE AND TEACHING INTEREST**

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Addictions

Diagnosis and Assessment

Lifespan Development

Interpersonal Neurobiology

Counseling Theories/Supervision

Individual and Couple Counseling

## **RESEARCH INTERESTS**

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- 1) Designing and implementing community-based research initiatives in clinical settings.
- 2) Understanding, integrating, and teaching principles of interpersonal neurobiology to counseling students, clinicians, and clients.
- 3) Promoting professional identity of counselors through exploring various beliefs and practices of counselors and counselor educators.

## **EDUCATION**

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### **Ph.D., Counseling (2014)**

University of North Texas, Denton, Texas

Department of Counseling and Higher Education, CACREP Accredited

Dissertation Title: *Experiences Learning Interpersonal Neurobiology: An Interpretative Phenomenological Analysis*

### **M.Ed., Counseling (2009)**

University of North Texas, Denton, Texas

Department of Counseling and Higher Education, CACREP Accredited

Emphasis: Community Counseling

Cumulative GPA: 4.0/4.0

### **B.A., International Studies (2005)**

University of North Texas, Denton, Texas

Major: International Studies; Minor: Spanish and Counseling  
Cumulative GPA: 4.0/4.0

## **LICENSURE, CERTIFICATION, & SPECIALIZED TRAINING**

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Idaho Licensed Professional Counselor (#5734)  
Texas Licensed Professional Counselor (#66935)  
Certificate in Interpersonal Neurobiology, Mindsight Institute (2013)  
Applied Suicide Intervention Skills Training (ASIST) Certified (2010)  
Child Parent Relationship Therapy (CPRT/Filial) Facilitator (2012)  
Gottman Levels 1 & 2 Certified, The Gottman Institute (2013, 2014)  
SASSI Clinical Interpretation Certificate of Completion (2014)

## **PROFESSIONAL POSITIONS**

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### **Assistant Professor** (08/2014- Present)

Department of Counselor Education  
Boise State University, Boise, Idaho

- Instruct and supervise master's students in school and addiction counseling.
- Advise master's students.
- Serve on department, college, and university committees.
- Supervise master's students' research.
- Conduct research regarding interpersonal neurobiology and substance abuse treatment.

### **Assistant Internship Coordinator** (08/2011-12/2012)

Department of Counseling and Higher Education (CACREP-Accredited)  
University of North Texas, Denton, Texas

- Maintained relationships with sites and site supervisors in the community, approved internship applications, and supported students with administrative and program related internship questions and concerns.
- Developed internship site guide providing students with detailed information about potential sites and qualitative data regarding former students' experiences with sites and site supervisors.
- Managed internship component of Tk20 system (on-line data management system).

### **Assistant Director of the Counseling and Human Development Center** (5/2012-8/2012)

Department of Counseling and Higher Education (CACREP-Accredited)

University of North Texas, Denton, Texas

- Coordinated mental health services, conducted intakes, supervised student counselors, and collaborated with clinic personnel in marketing of clinic services.
- Conducted clinic orientation for incoming practicum students and first year doctoral students.
- Managed clinic in times of crisis, including times when clients presented with imminent harm to themselves or others and/or when clients reported abuse of a child.

**Graduate Teaching Assistant (Instructor/Supervisor) (8/2010-5/2012)**

Department of Counseling and Higher Education (CACREP-Accredited)

University of North Texas, Denton, Texas

- Provided instructional and administrative support to primary instructor for a wide range of core and elective courses, including career development, addictions counseling, family counseling, counseling theories, and community mental health counseling.
- Facilitated on-line discussion groups in Blackboard Learn system, collaborated in developing learning assessments, and evaluated student performance.

## **TEACHING EXPERIENCE**

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**Instructor of Record**

Department of Counselor Education

Boise State University

- COUN 500: Diagnosis, Assessment, and Treatment Planning, Fall 2014, 2015
- COUN 526: Internship I, Fall 2014, 2015
- COUN 528: Internship II, Spring 2015
- COUN 527: Applied Research/ Counseling Practice Evaluation, Fall 2014, 2015
- COUN 548: Addiction and Behav. Health Assessment and Intervention, Spring 2015
- COUN 547: Chemical Addictions and Violence Prevention, Summer 2015
- COUN 543: Assessing and Managing Adolescent Substance Use and Mental Health Risks, Summer 2015
- COUN 566: Seminar- Special Populations in Counseling
- COUN 512: Statistics and Research Design, Spring 2016

**Undergraduate Instructor / Teaching Fellow**

Department of Counseling and Higher Education (CACREP-Accredited)

University of North Texas, Denton, Texas

- COUN 3640: Group Process in Helping Relationships (1/2013-5/2013)
- COUN 2610: Principles of Counseling I (8/2013-12/2013)

### **Co-Instructor with Faculty Member**

Department of Counseling and Higher Education (CACREP-Accredited)  
University of North Texas, Denton, Texas

- COUN 5480: Diagnosis & Treatment Planning in Counseling (5/2013-7/2013)

### **Graduate Teaching Assistant**

Department of Counseling and Higher Education (CACREP-Accredited)  
University of North Texas, Denton, Texas

- COUN 5470: Career Development \*Online course (8/2011-5/2012)
- COUN 5580 Family Counseling (5/2011-8/2011)
- COUN 5700: Counseling Theories (1/2011-5/2011)
- COUN 5300: Systems, Leadership, and Programming in CMHC (8/2010-5/2010)
- COUN 5610: Drug and Addictions Counseling (8/2010-12/2010)

## **COUNSELING EXPERIENCE**

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### **Group Counselor (01/2015-Present)**

Recovery 4 Life, Boise, Idaho

- Facilitate group counseling for individuals diagnosed with substance use and other mental health disorders.
- Coordinate with other counselors and community partners to structure client care and progress towards treatment goals.

### **Counselor in Private Practice (08/2012-05/2014)**

Griffin Therapy Center, Denton, Texas

- Provided individual and couples therapy for clients presenting with a wide range of developmental and clinical concerns.
- Conducted drug and alcohol assessments and psychiatric evaluations for the Denton County Department of Corrections. These evaluations included administration, scoring, and reporting of the Addiction Severity Index (ASI), Adult Substance Abuse Subtle Screening Inventory (SASSI-3), and Minnesota Multiphasic Personality Inventory-2 (MMPI-2).
- Provided individual counseling for clients on probation, including anger management, drug and alcohol relapse prevention, stress management, and interpersonal skills.
- Advocated for clients at individual, community, and societal levels (e.g., connecting with individuals in client's social system, educating clients about additional services within the community, participating in state and national level campaigns to support mental health services, engaging in community mental health education).

**Mental Health Counselor (6/2010-2/2013)**

Child and Family Resource Clinic and Counseling and Human Development Center  
University of North Texas, Denton, Texas

- Provided individual and couples counseling with community clients presenting with a wide range of developmental and clinical concerns.
- Facilitated play therapy and activity therapy for clients ranging from age 4-9.
- Taught parenting skills, provided emotional support, and assessed needs of child/adolescent clients in parent consultations.
- Conducted ten-week Child Parent Relationship Therapy (CPRT) group for parents.
- Co-lead two personal growth groups comprised of master's students from the University of North Texas.
- Conducted intakes, including formal assessments, for new clients.
- Engaged in client advocacy on individual, community, and societal levels.

**Internship Counselor, Post-Graduate Volunteer Counselor (1/2009-05/2010)**

Children's Advocacy Center of Denton County, Lewisville, Texas

- Provided individual and group counseling for victims of sexual abuse and/or family members of individuals who experienced sexual abuse. Clients ranged from age 4-65+.
- Collaborated with local law enforcement personnel, Child Protective Services (CPS), and other community based organizations to advocate for client needs and service.

**Practicum Counselor (8/2008-12/2008)**

Counseling and Human Development Center, University of North Texas, Denton, Texas

- Provided individual counseling services to adult clients, including college students and community clients.

**SUPERVISION EXPERIENCE**

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**Clinical Supervisor (08/2014- Present)**

Department of Counselor Education  
Boise State University

- Provide weekly individual and triadic supervision for students enrolled in master's and doctoral practicum course.
- Provide bi-weekly group supervision for students enrolled in master's internship course.

**Doctoral Supervisor (06/2011-08/2011; 01/2012-05/2012)**

Department of Counseling and Higher Education (CACREP-Accredited)

University of North Texas, Denton, Texas

- Provided individual, triadic, and group supervision for students enrolled in master's level practicum courses. Students counseled individual adults across the lifespan with a wide range of presenting concerns.

**Doctoral Supervisor** (01/2011-05/2011; 08/2011-12/2011)

Department of Counseling and Higher Education (CACREP-Accredited)

University of North Texas, Denton, Texas

- Provided individual, triadic, and group supervision for students enrolled in master's level advanced skills courses.

## **PUBLICATIONS**

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**Miller, R. M.** & Taylor-Dillman, D. (in press). Does individual psychology stand the test of time: An examination of adlerian principles from a neuroscience perspective. Manuscript submitted to *Journal of Humanistic Counseling*.

**Miller, R. M.** (in press). Neuroeducation: Integrating brain-based psychoeducation into clinical practice. Manuscript submitted to *Journal of Mental Health Counseling*.

**Miller, R. M.,** & Barrio-Minton, C. A. (in press). Experiences learning interpersonal neurobiology: An interpretative phenomenological analysis. *Journal of Mental Health Counseling*.

Ray, D., Jayne, K., & **Miller, R. M.** (2014). Master counselors as teachers: Clinical practices of counselor educators. *Journal of Mental Health Counseling*, 36(1), 78-94.

**Miller, R. M.** & Prosek, E. (2013). Trends and implications of proposed changes to the DSM-5 for vulnerable populations. *Journal of Counseling & Development*, 91 (3), 359-366. DOI: 10.1002/j.1556-6676.2013.00106.x

Johnson, J., & **Miller, R. M.** (in progress -- proposal accepted for special issue). Examining Binge-Eating Disorder: Assessment, Diagnosis, and Treatment Implications for Counselors. *Journal of Professional Counseling*.

## GRANTS

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*Dissemination of Evidenced-Based Practices for Substance Use Disorders*, Millennium Fund Grant, Idaho Legislative Services. (7/15-6/16). Award: \$116, 246 (Program Evaluator)

*Understanding the Adolescent Brain to Support Optimal Adolescent Emotional Well-Being*, Blue Cross Foundation of Idaho. Not funded.

*Brain-Based Education for Prevention of Underage Drinking*, Idaho State Liquor Division Grant. Not funded.

2013 Southern Association for Counselor Education and Supervision (SACES) Research Grant

2013 Texas Counseling Association (TCA) Educational Endowment Grant

## PRESENTATIONS

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### *National Presentations (Refereed)*

**Miller, R.M.** & Jones, L. (2015, October). *Neuroscience-informed supervision: Developmental and practical applications*. Session presented at the Association for Counselor Education and Supervision conference, Philadelphia, Pennsylvania.

**Miller, R.M.** & Dillman-Taylor, D. (2015, October). *A century in the making: Examining adlerian principles through a neuroscience lens*. Session presented at the Association for Counselor Education and Supervision conference, Philadelphia, Pennsylvania.

**Miller, R. M.** (2013, October). *Preparing counselors for the 21<sup>st</sup> century: Integrating principles of interpersonal neurobiology into counselor education curriculum*. Session presented at the Association for Counselor Education and Supervision conference, Denver, Colorado.

Jayne, K. & **Miller, R. M.** (2013, October). *Master therapists as counselor educators: Findings and implications from a mixed methods research project investigating the clinical practices of counselor educators*. Poster presented at the Association for Counselor Education and Supervision conference, Denver, Colorado.

**Miller, R. M.** (2011, September). *Asking the right questions: How emerging neuroscience can inform the therapeutic assessment process*. Poster presented at the annual Association for Assessment in Counseling and Education conference, Fort Worth, Texas.

### ***Regional Presentations (Refereed)***

**Miller, R. M.** (2014, October). *From doc student to counselor educator: Successfully navigating the job search process.* Session presented at the Rocky Mountain Association for Counselor Educators and Supervisors bi-annual conference, Jackson, Wyoming.

**Miller, R. M.** (2014, October). *Integrating principles of neuroscience into counselor education: Implications from a study exploring counselors' experiences learning interpersonal neurobiology.* Session presented at the Rocky Mountain Association for Counselor Educators and Supervisors bi-annual conference, Jackson, Wyoming.

### ***State Presentations (Refereed)***

**Miller, R. M.** (2016). *Moving beyond addiction as a chronic and relapsing brain disease: Using neuroscience to support personal agency in relapse prevention.* Session accepted for presentation at the annual Idaho Counseling Association conference, Boise, Idaho.

**Miller, R. M.** (2015). *Neuroeducation 101: How to talk to clients about the brain.* Session presented at the annual Idaho Counseling Association conference, Pocatello, Idaho.

**Miller, R. M.** (2015). *Under Construction: Understanding the adolescent brain to support prevention and intervention efforts.* Session presented at the annual Idaho State Prevention and Support Conference, Sun Valley, Idaho.

**Miller, R. M.** (2013, November). *To tell or not to tell: Ethical considerations of secret keeping in work with couples.* Session presented at the Texas Counseling Associate annual convention, San Antonio, Texas.

**Miller, R. M. & Griffin, S.** (2013, November). *Surviving and thriving the first year of private practice.* Session presented at the Texas Counseling Associate annual convention, San Antonio, Texas.

**Miller, R. M. & Prosek, E.** (2012, November). *Preparing for the DSM 5: What every counselor needs to know.* Session presented at the Texas Counseling Association annual convention, Galveston, Texas.

**Miller, R. M. & Jayne, K.** (2012 November). *Applying principles of interpersonal neurobiology to work with families in counseling.* Session presented at the Texas Counseling Association annual convention, Galveston, Texas.



**Miller, R. M.** & Prosek, E. (2012, February). *Are you ready for the DSM 5?* Session presented at the annual Texas Association for Counselor Education and Supervision conference, Austin, Texas.

Foster, R. D., **Miller, R. M.**, Smith, J., & Michero, E. (2012, February). *Aligning counselor education pedagogy with the 2009 CACREP Standards: Integrating interpersonal neurobiology into counseling programs.* Session presented at the annual Texas Association for Counselor Education and Supervision conference, Austin, Texas.

### ***Guest Lectures/Invited Presentations***

**Miller, R. M.** (2015, May). *Harnessing basic brain science for better self-control.* Invited presentation for The Discovery Center. Boise, ID.

**Miller, R. M.** (2015, February). *Adolescent brain development basics.* Invited presentation for Cherry Gulch, a boys therapeutic residential boarding school. Emmett, ID.

**Miller, R. M.** (2014, October). *Adolescent brain development: Under construction.* Invited presentation for the Institute for the Study of Addiction Fall professional development conference. Boise State University, Boise, ID.

**Miller, R. M.,** & Griffin, S. (2014, March). *Identifying signs of healthy and unhealthy romantic relationships.* Guest lecture for Alpha Phi International, Inc. University of North Texas, Denton, TX.

**Miller, R. M.** (2014, March). *Introduction to interpersonal neurobiology.* Guest lecture for COUN 2600: Interpersonal Skills, University of North Texas, Denton, Texas.

**Miller, R. M.** (2013, April). *How interpersonal neurobiology can inform addictions counseling.* Guest lecture for Rehabilitation Counseling University of North Texas, Denton, TX.

Jayne, K. & **Miller, R. M.** (2013, April). *Applying principles of interpersonal neurobiology to child parent relationship therapy.* Guest lecture for COUN 5000: Filial Therapy, University of North Texas, Denton, Texas.

**Miller, R. M.** (2012, May). *Why does therapy work?* Guest lecturer for Master's practicum counseling class, Texas A&M University at Commerce, Commerce, Texas.

**Miller, R. M.** (2012, May; 2012, December). *Proposed changes to the DSM: Implications for counselors.* Guest lecturer for COUN 5480: Diagnosis and Treatment Planning in Counseling, University of North Texas, Denton, Texas.

**Miller, R. M.** (2011, March). *Adult relationships.* Guest lecturer in COUN 5670: Developmental Process and Strategies, University of North Texas, Denton, TX.

## **PROFESSIONAL LEADERSHIP AND SERVICE**

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*Neuroscience Interest Network (ACES)*

- Webinar training co-coordinator (2015-present)

*Idaho Counseling Association*

- Council of Leaders, Secretary (2015-2016)

*Institute for the Study of Addiction*

- *Program Evaluation Coordinator* (2014-Present)

*Chi Sigma Iota*

- *Advisor* (2014-Present) Beta Sigma Upsilon
- *Co-Chair, Mentoring Committee* (2012-2013) *Rho Kappa Chapter*

*Idaho Association for Counselor Educators and Supervisors*

- *Vice President* (2014-2015)

## **PROFESSIONAL MEMBERSHIPS**

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American Counseling Association (ACA)

Association for Counselor Education and Supervision (ACES)

Rocky Mountain Association for Counselor Education and Supervision (RMACES)

International Association of Addiction and Offenders Counseling (IAAOC)

Journal of Humanistic Counseling (JHC)

Idaho Counseling Association (ICA)

Global Association for Interpersonal Neurobiology Studies (GAINS)

## **HONORS AND SCHOLARSHIPS**

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ACES Emerging Leaders Fellow (2013)

USC Scholarship for Continuing Students (2013)

Raupe Travel Grant (2013)

Academic Achievement Scholarship (2011, 2012)

Casey Barrio Minton & Joel Minton Counseling Scholarship (2013)

Bobbie Wilborn Scholarship (2011, 2012)

