

Laura L. Gallo, Ph.D., NCC, LPC

Department of Counselor Education
Boise State University
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Education Bldg.
Boise, Idaho 83725
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AREAS OF EXPERTISE AND TEACHING INTEREST

Child and Adolescent Development
Suicide and Crisis Prevention/Intervention
Ethics in Counseling

Counseling Supervision
School Counseling
Group Counseling

RESEARCH INTERESTS

- 1) Designing and teaching suicide prevention and intervention curriculum with future and practicing counselors
- 2) Understanding and teaching theories of suicidology to counselors and counselor educators
- 3) Researching and implementing innovative methods of supervision for counselors-in-training

EDUCATION

Ph.D., Counseling (2016)

University of Iowa, Iowa City, Iowa

Department of Rehabilitation and Counselor Education, CACREP Accredited

Dissertation Title: *The Relationship Between Suicide Assessment Knowledge and Self-efficacy Among Practicing School Counselors*

M.A. Education, School Counseling (2005)

University of Iowa, Iowa City, Iowa

Department of Rehabilitation and Counselor Education, CACREP Accredited

Cumulative GPA: 3.8/4.0

B.A., Elementary Education (1996)

Central College, Pella, Iowa

Major: Elementary Education; Minor: Spanish

Cumulative GPA: 3.75/4.0

LICENSURE, CERTIFICATION, & SPECIALIZED TRAINING

Licensed Professional Counselor- Idaho (No. LPC-6096)

National Certified Counselor (No. 340288)

State of Iowa Master Educator License (No. 330833)

School Counseling (K-8, 6-12)

Reading Disabilities Endorsement (K-8)
Elementary Teaching (K-8)
SafeTALK Certified Trainer (2018)
QPR Suicide Prevention Certified Trainer (2018)
Applied Suicide Intervention Skills Training (ASIST) Certified (2017)

PROFESSIONAL POSITIONS

Assistant Professor, Program and Internship Coordinator for School Cognate

(8/2016- Present)

Department of Counselor Education
Boise State University, Boise, Idaho

Adjunct Professor (6/2014- 5/2016)

Department of Counseling
Buena Vista University, Storm Lake, Iowa

TEACHING EXPERIENCE

Instructor of Record

Department of Counselor Education
Boise State University
Boise, Idaho

- COUN 530: Suicide and Crisis Prevention and Intervention for Counselors
- COUN 533: Introduction to School Counseling
- COUN 514/516: Supervision of Practicum I and II
- COUN 534: Counseling Children and Adolescents
- COUN 597: Special Topics: Crisis Intervention in Counseling
- COUN 597: Special Topics: Youth Suicide Assessment and Prevention
- COUN 526/528: Supervision of Internship I and II
- COUN 597: Special Topics Ethics in Counseling
- COUN 535: Classroom Management and Counseling Students with Exceptional Needs
- COUN 527: Counseling Practice Evaluation
- COUN 592: Portfolio

Department of Counseling
Buena Vista University
Storm Lake, Iowa

- GEDU 519: Professional and Ethical Orientation to Counseling
- GEDU 544: Social and Cultural Foundations of Counseling
- GEDU 548: Group Counseling
- GEDU 555: Capstone Professional Portfolio

- GEDU 547/550: Practicum in Professional School Counseling

Graduate/Undergraduate Instructor

Department of Rehabilitation and Counselor Education (CACREP Accredited)
University of Iowa, Iowa City, Iowa

- RCE 5222: Counseling Children and Adolescents
- RCE 4199: Counseling for Related Professions
- RCE 2081: Making a Vocational Educational Choice

Elementary Teacher (8/1996- 6/2003)

ESL, 1st Grade, World Languages Teacher
Tama, Iowa; Columbus Junction, Iowa; Cedar Rapids, Iowa

COUNSELING EXPERIENCE

Mental Health Counselor (8/2016- Present)

Department of Counselor Education Clinic
Boise State University, Boise, Idaho

Internship Mental Health Counselor, (8/2014-5/2015)

Counseling Services, Mt. Mercy University, Cedar Rapids, Iowa

High School Counselor (8/2005-6/2015)

Linn-Mar High School, Marion, Iowa

SUPERVISION EXPERIENCE

University Supervisor (8/2016- Present)

Department of Counselor Education
Boise State University

University Supervisor (8/2014- 6/2016)

Department of Counseling
Buena Vista University

Doctoral Supervisor (8/2014-5/2016)

Department of Rehabilitation and Counselor Education (CACREP Accredited)
University of Iowa, Iowa City, Iowa

Site Supervisor (8/2007- 5/2015)

Linn-Mar High School
Marion, Iowa

PUBLICATIONS

- Gallo, L. L.**, Bardhoshi, G., & Rausch, M. A. (in press). "That is when my life changed for the better": Students' perceptions of their school counselors' impact. *Journal of Child and Adolescent Counseling*.
- Gallo, L. L.**, Doumas, D., Moro, R., Midgett, A., & Porchia, S. (in press). Evaluation of a youth suicide prevention course: Increasing counseling students' knowledge, skills, and self-efficacy. *Journal of Counselor Preparation and Supervision*.
- Gallo, L. L.**, & Moro, R. (2019). Suicide content published in counseling journals: A 21-year content analysis to inform research and practice. *Journal of Mental Health Counseling*.
- Rausch, M. A., & **Gallo, L.** (2018). Counselor in training 360° case conceptualization process for group supervision. *The Journal of Counselor Preparation and Supervision*, 10,(1). Retrieved from: <https://repository.wcsu.edu/jcps/vol10/iss1/1>
- Gallo, L. L.** (2018) Relationship Between High School Counselors' Self-Efficacy and Conducting Suicide Assessments. *Journal of Child and Adolescent Counseling*, 4 (3), 209-225.
- Beck, M., Rausch, M., Wykoff, H., & **Gallo, L. L.** (2017). Ecological Considerations and School Counselor Advocacy with LGBT Students" has been submitted to Journal of Counselor Leadership and Advocacy. *Journal of Counselor Leadership and Advocacy*, doi: 10.1080/2326716X.2017.1402393
- Miller, R., **Gallo, L. L.** & Moore, L. (2017). Experiences of Middle School Counselors Learning and Applying Principles of Neuroscience. *Journal of Child and Adolescent Counseling*, 3 (3), 1-14. DOI: 10.1080/23727810.2017.1381909.
- Gallo, L. L.** (2017). Professional issues in school counseling and suicide prevention. *Journal of School Counseling*, 15(11). Retrieved from <http://www.jsc.montana.edu/articles/v15n11.pdf>
- Gallo, L. L.**, Rausch, M A., Smith, C., and Wood, S. (2016) Exploring the Digital Native Phenomenon: The Impact on School Counseling. *Professional School Counseling*, 20 (1), 14-24.
- Gallo, L. L.**, Self, T., & Rausch, M.A. (2016) School Counselors' Experiences with Empowerment and Students on the Autism Spectrum: A Qualitative Study. *Journal of Child and Adolescent Counseling*, 2 (2) <https://doi.org/10.1080/23727810.2016.1252652>
- Birdsall, B. A., Doumas, D. M., Hausheer, R., Frischmuth, M. E., **Gallo, L. L.**, & Jahn, A. K. (2016). Improving Academic Achievement and Self-Concept in Elementary School Students Through Mentoring Programs: A Preliminary Study. Article 1093, *Vistas*.

Gallo, L. L. (2014). Spirituality and school counselor education and supervision. *Journal of School Counseling, 12*(6). Retrieved from <http://www.jsc.montana.edu/articles/v12n6.pdf>

Gallo, L. L. (2013). The need for developmental models in supervising school counselors. *Journal of School Counseling, 11*(19). Retrieved from <http://www.jsc.montana.edu/articles/v11n19.pdf>

Rausch, M. A., & **Gallo, L. L.** (2013) The Digital Native phenomenon: Implications for counseling practice. *Journal of Counseling Practice, 5*.

Wadsworth, J. S., & **Gallo, L. L.** (2013) Attention deficit hyperactivity disorder (ADHD): Treating adults. Practice Brief for American Counseling Association. Retrieved from [https://www.counseling.org/docs/practice-briefs/attention-deficit-hyperactivity-disorder-\(adhd\)-treating-adults.pdf](https://www.counseling.org/docs/practice-briefs/attention-deficit-hyperactivity-disorder-(adhd)-treating-adults.pdf)

Milsom, A. & **Gallo, L. L.** (2006). Bullying in middle schools: Prevention and intervention. *Middle School Journal, 37*, 3, 12-19.

Magazines

Gallo, L. L. (2013). Social Media Article for Digital Psyway. Counseling Today

Book chapters

Gallo, L. L., Wachter-Morris, C. A., and Wood, S. (In Press). Collaboration and Consultation: Blue Interventions In C. Wood, T. Portman, and L. Tyson, Critical Incidents in School Counseling, 3rd Ed. American Counseling Association: Alexandria, VA.

Gallo, L. L.(2014). Recycled reflections: A visual journal project. In S. Degges-White & S. Colon (Eds), *Expressive Arts Interventions for School Counselors*. Springer Publishing.

GRANTS

External

Gallo, L. Rausch, M., & Beck, M. Association of Child and Adolescent Counseling. Author of a grant entitled, “Elementary School Counselors’ Experiences Working with Suicidal Students” (2018, April).

Doumas, D. Youth Behavioral Health Internship. \$214,270. (2016, August). Funded. Role: Internship Co-Coordinator

Gallo, L. North Central Association of Counselor Education and Supervision Research Award Recipient, received \$1000. Author of a grant entitled, “School Counselors’ Perceptions of Digital Natives: A Qualitative Research Proposal.” (2014, October).

Internal

Gallo, L. L. & Doumas, D. Training Student Teachers in Suicide Prevention, A QPR Study. (2019, May). Funded

Moro, R. R., **Gallo, L. L.**, Dumas, D., & Midgett, A. Preparing Educators to Advance the Public Purposes of Education in an Era of Increasing Inequality and Inequity. (2017, November). Funded

Midgett, A., Moro, R.R., Miller, R., & **Gallo, L.** Graduate Assistantship Support for Traditionally Underrepresented Graduate Students. (2016, November). Funded

Midgett, A., Miller, R., Moro, R.R., & **Gallo, L.** Boise State University Graduate College Recruitment Grant. \$500. (2016, October). Funded

PRESENTATIONS

National Presentations

Gallo, L. L. (October 2017). Suicide Risk Assessment: Helping Future Counselors Competently and Confidently Assess their Clients. Presented at Association for Counselor Education and Supervision conference, Chicago, IL.

Miller, R. & **Gallo, L. L.** (October 2017). Teaching and Supervising School Counselors of Tomorrow: Examining the Relevance of Applied Neuroscience. Presented at Association for Counselor Education and Supervision conference, Chicago, IL

Gallo, L. L. & Beck, M. (July 2017). LGBTQ Youth At-Risk for Suicide, Are We Doing Enough? Presented at American School Counseling conference, Denver, CO.

Gallo, L. L. & Beck, M. (October 2015). Suicide and LGBTQ Youth, Is it Really a Problem? Presented at Association for Counselor Education and Supervision conference, Philadelphia, PA.

Rausch, M. A. & **Gallo, L. L.** (October 2015). 360 Degrees of Supervision! Providing a Holistic Case Conceptualization Framework for Group Supervision. Presented at Association for Counselor Education and Supervision conference, Philadelphia, PA.

Gallo, L. L., Rausch, M., & Smith, C. (October 2013). School Counselors' Perceptions of Digital Natives: A Qualitative Study. Presented at Association for Counselor Education and Supervision conference, Denver, CO.

Regional Presentations

Gallo, L. L. (October 2018). Teaching Future Counselors Suicide Assessment and Prevention for Youth. Presented at Rocky Mountain Association for Counselor Educators and Supervisors.

Gallo, L. L. (October 2016). The Relationship Between Suicide and Self-Efficacy in School Counselors. Presented at Rocky Mountain Association for Counselor Educators and Supervisors.

Gallo, L. L. (October 2014). Suicide Risk Assessment and the Impact of Culture. Presented at North Central Association of Counselor Educators and Supervisors, St. Louis, MO.

Gallo, L. L. & Childs, J. (October 2014). Meeting the Clinical Supervision Needs of Practicing School Counselors after a School Crisis. Presented at North Central Association of Counselor Educators and Supervisors, St. Louis, MO.

Henfield, M, Washburn, F., **Gallo, L. L.**, Rausch, M., Bang, N., Park, S., & Owens, T. (October 2014). Utilizing 21st Century Tools to Teach Leadership and Advocacy in Counselor Education Classrooms. Presented at North Central Association of Counselor Educators and Supervisors, St. Louis, MO.

Gallo, L. L. (October, 2012). Are We Sufficiently Preparing School Counselors to Work With Generation Z? Presented at North Central Association of Counselor Educators and Supervisors, Kansas City, MO.

Gallo, L. L., Smith, C., & Gelan, B. (October, 2012). Clinical Supervision for School Counseling Site Supervisors: Issues and Practices. Presented at North Central Association of Counselor Educators and Supervisors, Kansas City, MO.

State and Local Presentations

Gallo, L. L. & Moro, R. (November, 2018). Modifying SBIRT for Suicide Intervention. Presented at Idaho Counseling Association Conference, Boise, ID.

Gallo, L. L. (April 2018). The Importance of Gatekeeper Training in Suicide Prevention: A School-Wide Effort. Presented at the Idaho Prevention and Support Conference, Sun Valley, ID.

Gallo, L. L., Miller, R., & Moro, R. (December 2017, April 2018). Advanced Supervision Training. Presented at Boise State University, Boise, ID.

Gallo, L. L. (November 2015). Suicide: It's Time to Save our Students. Presented at Iowa School Counseling Association conference, Des Moines, IA.

Gallo, L. L. & Rausch, M. (February 2015). Navigating the World: The Digital Native Phenomenon. Presented at MLK Research Symposium. University of Iowa.

Gallo, L. L. (November 2014). Secondary Level Sharing Session for Iowa High School Counselors. Presented at Iowa School Counseling Association conference, Des Moines, IA.

Gallo, L. L. (October 2014). School Counseling: An Introduction. Presented to undergraduate students in Theories of Counseling course. University of Iowa.

Gallo, L. L. (January 2014). Suicide Prevention and Gatekeeper Training, Led professional development for 150 high school staff. Linn-Mar Community School District.

Gallo, L. L. (December 2013). Small Group Counseling in High Schools. Presented to 1st and 2nd year Master's students in school counseling. University of Iowa.

Gallo, L. L. & Rausch, M. (November 2013). Top 5 Assessments in School Counseling. Presented at Iowa School Counseling Association conference, Des Moines, IA.

Gallo, L. L. (June, 2013). Social Media and Your Future. Presented to high school students at Iowa City Enrichment Summer Program. Iowa City Community School District.

Gallo, L. L. (January, 2013). Spirituality and School Counseling Supervision. Presented at MLK Research Symposium. University of Iowa.

PROFESSIONAL LEADERSHIP

Idaho Association of Counselor Education, President 2018-19, Secretary 2017-18
Idaho School Counseling Association, Counselor Educator Board Member, 2018-present
Chi Sigma Iota, Research Awards Committee Member, 2015-present
Chi Sigma Iota, Counselor's Bookshelf Reviewer, 2014-2015, 2015-2016, 2016-present
Idaho Counselor Education and Supervision Association, Secretary, 2017- present
Chi Sigma Iota, Beta Sigma Upsilon, 2016- present, Chapter Co- Faculty Advisor
Iowa School Counseling Association, Vice-President, Secondary level, 2014- 2015
Scholarship Chair, 2014-2016
Chi Sigma Iota, Rho Epsilon Counseling Honor Society, 2004-2006, 2011-2016
Secretary-elect- 2012-2013, Secretary- 2013-2014
Chi Sigma Iota, National Leadership Fellow, 2014-2015
Chi Sigma Iota, Research Awards Reviewer, 2012-2013, 2013-2014, 2014-2015
State Longitudinal Data System Advisory Committee for Iowa Department of Education, 2013-
2016

PROFESSIONAL SERVICE

Idaho Suicide Prevention System Planning Committee, 2018- present
National Alliance on Mental Illness Idaho, Board Member, 2018- present
Professional School Counseling Journal Editorial Board, 2015-present
Journal of School Counseling Journal Editorial Board, 2017- present
British Journal of Guidance and Counselling Invited Editorial Reviewer, 2017
Conference Proposal Reviewer for Association for Counselor Education and Supervision
Conference (February 2015, January 2017)
College of Education Diversity Committee, University of Iowa, 2015- 2016
Coordinated Suicide Awareness Activities on Mt. Mercy campus for Suicide Prevention Month,
(September 2014)
Mentor for American Counseling Association, (2012-2013, 2013-2014)
Chi Sigma Iota, Rho Upsilon board member: fundraising for NAMI walk, winter wear drive,
school supply drive (2013-2014)
Team Captain for SPECS, Inc. Stock our Shelves Spring 2013 campaign. Cedar Rapids, IA
Domestic Violence and Sexual Assault Advocate, Waypoint Services, Cedar Rapids, IA (2005-
2007).

PROFESSIONAL MEMBERSHIPS

Idaho School Counselor Association
Idaho Counseling Association
Idaho Counselor Education and Supervision Association
American School Counselor Association

Association of Counselor Educators and Supervisors
American Counseling Association
Rocky Mountain Association of Counselor Educators and Supervisors
Association for Child and Adolescent Counseling
Chi Sigma Iota, Beta Sigma Upsilon Chapter, Counseling Honor Society
American Association of Suicidology
National Alliance on Mental Illness