

# **AIDA MIDGETT, EDD, LPC**

Department of Counselor  
Education College of Education  
Boise State  
University Boise, ID  
83725

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## **EDUCATION AND PROFESSIONAL LICENSES**

<b>Ed. D., Educational Psychology</b> (Counseling Psychology Emphasis) Northern Arizona University (Ph.D. designation in 2004)	2003
<b>Licensed Professional Counselor</b> State of Idaho	Active
<b>M. A., Community Counseling</b> Northern Arizona University (CACREP Accredited)	1999
<b>B. S., Psychology; Minor, Sociology</b> Illinois State University	1997

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## **AWARDS**

2015 Boise State University Inclusive Excellence Faculty Award  
2012 Multicultural Student Services Faculty HERO  
2012 American Counseling Association Innovative Branch Award  
2011 Idaho Counseling Association Volunteer Service "Wing Award" Leading by Example  
Award Recipient  
2010 Boise State University Counselor Education Service Award  
2007 Outstanding Service Contribution to University of Montana  
2006 University of Montana Merit Award  
2002 "Doctoral Student of the Year" in Counseling Psychology at Northern Arizona University

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## **ACADEMIC APPOINTMENTS**

<b>Professor (Tenured), Chair, &amp; Doctoral Program Coordinator</b> Department of Counselor Education Boise State University Boise, Idaho	2018-present
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<p><b>Associate Professor (Tenured), Associate Chair &amp; CACREP Coordinator</b>  Department of Counselor Education  Boise State University  Boise, Idaho</p>	<p>2017-2018</p>
<p><b>Associate Professor (Tenured), Interim Chair &amp; CACREP Coordinator</b>  Department of Counselor Education  Boise State University  Boise, Idaho</p>	<p>2016-2017</p>
<p><b>Associate Professor (Tenured), Associate Chair &amp; Doctoral Program Coordinator</b>  Department of Counselor Education  Boise State University  Boise, Idaho</p>	<p>2013-2016</p>
<p><b>Associate Professor (Tenured) &amp; Doctoral Program Coordinator</b>  Department of Counselor Education  Boise State University  Boise, Idaho</p>	<p>2011-2013</p>
<p><b>Assistant Professor &amp; Doctoral Program Coordinator</b>  Tenure-track position  Department of Counselor Education  Boise State University  Boise, Idaho</p>	<p>2009-2011</p>
<p><b>Associate Professor &amp; Mental Health Track Team Leader</b>  Tenure-track position  Department of Counselor Education  The University of Montana  Missoula, Montana</p>	<p>2007-2009</p>
<p><b>Assistant Professor &amp; Mental Health Track Team Leader</b>  Tenure-track position  Department of Educational Leadership &amp; Counseling  The University of Montana  Missoula, Montana</p>	<p>2003-2007</p>
<p><b>Instructor</b>  Department of Educational Psychology,  College of Education  Northern Arizona University  Flagstaff, Arizona</p>	<p>1997-2002</p>

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**COUNSELING-RELATED PROFESSIONAL EXPERIENCE**

**Private Practice Counselor** 2008-2009  
**Missoula, Montana**  
Small independent private practice geared toward working with Brazilian clients on a sliding-scale fee.

**Cultural Liaison / Clinical Consultant** 2007-2008  
**Simple Projects**  
**Missoula, Montana and Brazil**  
Provided services as a cultural-broker and translator for program director and staff while conducting international therapeutic expeditions with at-risk teenagers from the United States in Brazil. I also provided crisis management, clinical, and program development consultation.

**Pre-Doctoral Psychology Intern** 2002-2003  
**NAU Counseling and Testing Center**  
**Flagstaff, Arizona**  
Provided direct services to college students including individual, couples, and group counseling. I also provided crisis intervention on site and afterhours, conducted campus outreach activities, and engaged in a variety of other counseling-related activities such as documentation, case presentations, and consultation. Clinical supervision consisted of two hours of weekly individual and one hour of group supervision. Internship site was a member of Association of Psychology Postdoctoral and Internship Centers (APPIC).

**Crisis Worker** 2000-2002  
**The Guidance Center**  
**Flagstaff, Arizona**  
Responded to mental health crisis situations in Flagstaff, Arizona. I worked with high risk client populations with a variety of psychiatric disorders addressing suicidal and/or homicidal behaviors and deescalating intentions. I also developed and implemented safety plans including voluntary and involuntary hospitalization. I served as a liaison between The Guidance Center and the Flagstaff Medical Center Emergency Department, Flagstaff County Jail, and Juvenile Detention Center. I also conducted court mandated evaluations and provided recommendations. I worked with clients who ranged in age from 16 through 70 years old of diverse backgrounds including Native Americans (Navajo or Hopi), Latino/Hispanic American (English and Spanish speaking), and European Americans.

**Counseling Intern**  
**Flagstaff Medical Center Behavioral Health**  
**Flagstaff, Arizona**

May-August 1999

Completed a 600-hour, full-time internship under extensive supervision at an in-patient psychiatric hospital. I co-facilitated psycho-educational, substance abuse, and counseling groups for adults and adolescents. I also conducted family, couples, and individual counseling, as well as bio-psychosocial intakes. Other activities included daily staff meetings, weekly case presentations, and extensive treatment planning. I worked with clients who ranged in age from 10 through 75 years old of diverse backgrounds including Native Americans (Navajo or Hopi), Latino/Hispanic American, and European Americans.

**Student Enrichment Program Coordinator**  
**Northern Arizona University**  
**Flagstaff, Arizona**

1998-1999

Organized and coordinated mandatory study program for student-athletes with a cumulative GPA of 2.49 or below. I also supervised daily study sessions, provided informal tutoring, and guidance. I worked with student-athletes from a variety of ethnic and racial backgrounds including international students.

**Pro-Active Program Coordinator**  
**Northern Arizona University**  
**Flagstaff, Arizona**

1998-1999

Organized and coordinated mentorship program for all student-athletes with a cumulative GPA below 2.49. I mentored an average of 10 student-athletes per semester and held weekly academic advising meeting to develop and implement a plan to address challenges. I also addressed issues related to personal development and provided referrals as needed. I worked with student-athletes from a variety of ethnic and racial backgrounds including international students.

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**COURSES TAUGHT**

**Boise State University**

**Masters - Counselor Education**

- COUN 501 Foundations of Counseling (Fall 2011, 2012)
- COUN 507 Career Development and Vocational Counseling (Spring 2010, 2011, 2012, Summer Online 2013, 2014, 2015, 2016, 2017)
- COUN 509 Culturally Aware (Spring 2014, 2015)
- COUN 511 Family Systems (Fall 2009, 2010, 2011, Spring 2013)
- COUN 512 Statistics and Research Design (Spring 2010)
- COUN 513 Group Counseling (Summer 2010, 2011, 2012; Fall 2012, 2013, 2014, 2015, 2016)
- COUN 514 Practicum I (Fall 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016)
- COUN 516 Practicum II (Spring 2010, 2011, 2012, 2013, 2015)
- COUN 527 Counseling Practice Evaluation (Spring 2018)
- COUN 528 Internship in Counseling II (Spring 2012)
- COUN 550 Assessment, Diagnosis, and Treatment Planning (Fall 2009)
- COUN 568 Seminar in Professional Counseling (Spring 2012, 2013, 2014, 2015, Fall 2019)
- COUN 594 Social Justice Advocacy Workshop (Fall 2010)
- COUN 592 Portfolio (Spring 2012)

### **Doctoral - Counselor Education**

- COUN 607 Advanced Career Development and Vocational Counseling (Summer 2014, 2016)
- COUN 609 Advanced Culturally Aware (Spring 2014, 2015)
- COUN 611 Advanced Family Systems (Spring 2013, 2017)
- COUN 613 Advanced Group Counseling (Fall 2014, 2015, 2016)
- COUN 614 Advanced Practicum (Fall 2012, 2013, 2015)
- COUN 626 Advanced Internship in Counseling I (Fall 2016)
- COUN 628 Advanced Internship in Counseling II (Spring 2017, Fall 2019)

### **Service Learning Courses**

- COUN 509 Culturally Aware (Spring 2013, 2014, 2015)
- COUN 507 Career Development and Vocational Counseling (Spring 2010, 2011, 2012)
- COUN 513 Group Counseling (Fall 2013, 2014, 2015, 2016)
- COUN 514 Family Systems (Spring 2013)

### **The University of Montana**

#### **Undergraduate - Counselor Education**

- COUN 105 Career Development

#### **Masters - Intercultural Youth and Family Development**

- IYFD 595 Cross-Cultural Issues in International Field Work

#### **Masters - Counselor Education**

- COUN 540 Individual Appraisal
- COUN 540 Individual Appraisal (hybrid)
- COUN 540 Individual Appraisal for School Counselors (hybrid)
- COUN 560 Lifespan and Developmental Counseling: Childhood, Adolescence and Aging
- COUN 570 Career Counseling (on-line and face-to-face)
- COUN 575 Multicultural Counseling
- COUN 595 Quantitative Research in Counseling
- COUN 615 Diagnosis and Treatment

#### **Doctoral - Counselor Education**

- COUN 530 Applied Counseling Skills: Agency and School
- COUN 630 Advanced Counseling Skills: Agency and School
- COUN 585 Counseling Methods: Agency and School

### **Northern Arizona University**

#### **Undergraduate - Educational Psychology**

- EPS 101 Learning to Establish Academic Priorities
- EPS 101 Academic & Personal Development for First-year Students
- EPS 101 Academic & Personal Development for Student Athletes

#### **Masters - Educational Psychology/Counseling Psychology**

- EPS 690 Multicultural Counseling

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## **PUBLICATIONS**

## **Articles, Peer Reviewed**

\* indicates student authors

- Moran, M.\*, **Midgett, A.**, Dumas, D.M, Moody, S., Porchia, S.\* (2020). A mixed method evaluation of a culturally adapted, brief, bullying bystander intervention for middle school students. *Journal of Child and Adolescent Counseling*, 5, 221-236.  
<https://www.tandfonline.com/eprint/BTQ7UWDGWST3HFQPKTQS/full?target=10.1080/23727810.2019.1669372>
- Watts, A. D.\*, Dumas, D. M., & **Midgett, A.** (2019). Efficacy of a brief, school-based bystander bullying intervention on high school students' alcohol use. *Journal of Addictions and Offender Counseling*, 40(2), 66-83. <https://doi.org/10.1002/jaac.12066>
- Gallo, L., Dumas, D. M., Moro, R., **Midgett, A.**, & Porchia, S.\* (2019). Evaluation of a youth suicide prevention course: Increasing counseling students' knowledge, skills, and self-efficacy. *The Journal of Counselor Preparation and Supervision*, 12(3). Retrieved from <https://repository.wcsu.edu/jcps/vol12/iss3/9>
- Midgett, A.**, & Dumas, D. M. (2019). The impact of a brief, bullying bystander intervention on depressive symptoms. *Journal of Counseling and Development*, 97, 270-280.  
<https://doi.org/10.1002/jcad.12267>
- Midgett, A.**, & Dumas, D. M. (2019). Witnessing bullying at school: The association between being a bystander and anxiety and depressive symptoms. *School Mental Health*, 11, 454-463. <https://doi.org/10.1007/s12310-019-09312-6>
- Dumas, D. M., & **Midgett, A.** (2019). The effects of students' perceptions of teachers' anti-bullying behavior on bullying victimization: Is sense of school belonging a mediator? *Journal of Applied School Psychology*, 35, 37-51.  
<https://doi.org/10.1080/15377903.2018.1479911>
- Dumas, D. M., **Midgett, A.**, & Watts, A. D\*. (2019). A pilot evaluation of the developmental validity of a bullying bystander program adapted for high school students. *Psychology in the Schools*, 56, 1101-1116. <https://doi.org/10.1002/pits.22249>
- Dumas, D. M., **Midgett, A.**, & Watts, A. D\*. (2019). The impact of a brief, bullying bystander intervention on internalizing symptoms: Is gender a moderator of intervention effects? *School Psychology International*, 40, 275–293. <https://doi.org/10.1177/0143034319830149>
- Jensen, J.\*, **Midgett, A.**, & Dumas, D. M. (2018). Evaluation of a program designed to increase retention in counselor education: Reaching year two. *Journal of Counselor Preparation and Supervision*, 11(2). Retrieved from <https://repository.wcsu.edu/jcps/vol11/iss2/5>
- Johnston, A.\*, **Midgett, A.**, Dumas, D. M., & Moody, S. (2018). A mixed methods evaluation of the “aged-up” STAC bullying bystander intervention for high school students. *The Professional Counselor*, 8, 73-87. <https://doi.org/10.15241/adj.8.1.73>
- Midgett, A.**, Dumas, D. M., & Johnston, A\*. (2018). Establishing school counselors as leaders in bullying curriculum delivery: Evaluation of a brief, school-wide bystander

- intervention. *Professional School Counseling*, 21, 1-9.  
<https://doi.org/10.1177/2156759X18778781>
- Midgett, A.**, Dumas, D. M., Johnston, A.\* , Trull, R.\* , & Miller, R. (2018). Re-thinking bullying interventions for high school students: A qualitative study. *Journal of Child and Adolescent Counseling*, 4, 146-163. <https://doi.org/10.1080/23727810.2017.1381932>
- Dumas, D. M., **Midgett, A.**, & Johnston, A.\* (2017). Substance use and bully victimization among middle and high school students: Is positive school climate a protective factor? *Journal of Addiction and Offender Counseling*, 38, 2-15. <https://doi.org/10.1002/jaac.12025>
- Johnston, A.\* , Dumas, D. M., **Midgett, A.**, & Moro, R. (2017). Gender differences in the relationship between bullying victimization and substance use among high school students. *Journal of Child and Adolescent Counseling*, 3, 30-43.  
<https://doi.org/10.1080/23727810.2017.1280749>
- Midgett, A.**, Dumas, D. M., & Trull, R.\* (2017). Evaluation of a brief, school-based bullying bystander intervention for elementary school students. *Professional School Counseling*, 20, 172-183. <https://doi.org/10.5330/1096-2409-20.1.172>
- Midgett, A.**, Dumas, D. M., Trull, R.\* , & Johnson, J.\* (2017). Training students who occasionally bully to be peer advocates: Can a brief bystander intervention decrease bullying behavior? *Journal of Child and Adolescent Counseling*, 3, 1-13.  
<https://doi.org/10.1080/23727810.2016.1277116>
- Midgett, A.**, Dumas, D. M., Trull, R.\* , & Johnston, A.\* (2017). A randomized controlled study evaluating a brief, bystander bullying intervention with junior high school students. *Journal of School Counseling*, 15(9). Retrieved from <http://www.jsc.montana.edu/articles/v15n9.pdf>
- Midgett, A.**, Moody, S., Rilley, B.\* , & Lyter, S.\* (2017). The phenomenological lived experience of student-advocates acting as “defenders” to stop bullying. *Journal of Humanistic Counseling*, 56, 53-71. <https://doi.org/10.1002/johc.12044>
- Midgett, A.**, & Dumas, D. M. (2016). Training elementary students to intervene as peer-advocates to stop bullying at school: A pilot study. *Journal of Creativity in Mental Health*, 11, 353-365. <https://doi.org/10.1080/15401383.2016.1164645>
- Midgett, A.**, Hausheer, R.\* , & Dumas, D. M. (2016). Training counseling students to develop group leadership self-efficacy and multicultural competence through service-learning. *Journal for Specialists in Group Work*, 41, 262-282.  
<https://doi.org/10.1080/01933922.2016.1186765>
- Jensen, J.\* , Dumas, D. M., & **Midgett, A.** (2016). Enhancing program satisfaction and retention among first year counselor education students: A qualitative study. *VISTAS, Article 33*, 1-10. Retrieved from <https://www.counseling.org/knowledge-center/vistas>
- Midgett, A.**, & Dumas, D. M. (2016). Evaluation of service-learning infused courses with refugee families. *Journal of Multicultural Counseling and Development*, 44, 118-134.  
<https://doi.org/10.1002/jmcd.12041>

- Midgett, A.**, Doumas, D. M., Sears, D.\* , Lunquist, A.\* , & Hausheer, R.\* (2015). A bystander bullying psychoeducation program with middle school students: A preliminary report. *The Professional Counselor*, 5(4), 486-500. <https://doi.org/10.15241/am.5.4.486>
- Doumas, D.M., & **Hutz-Midgett, A.** (2015). Drinking motives, alcohol use, and alcohol-related problems among White collegiate athletes and collegiate athletes of color. *Journal of College Counseling*, 18, 116-129. <https://doi.org/10.1002/jocc.12009>
- Ferrer, E.\* , Marks, R., Midlarsky, E., & **Hutz-Midgett, A.** (2015). Substance abuse and pain in a cohort of college students. *Research Journal in Drug Abuse*, 2. <https://doi.org/10.7243/2057-3111-2-1>
- Doumas, D. M., & **Midgett, A.** (2015). Ethnic differences in drinking motives and alcohol use among collegiate athletes. *Journal of College Counseling*, 18(2), 116-129. <https://doi.org/10.1002/jocc.12009>
- Beitel, M., Wald, L.M., **Midgett, A.H.**, Green, D., Cecero, J.J., Kishon, R., & Barry, D.T. (2014). Humanistic experience and psychodynamic understanding: Empirical associations among facets of self-actualization and psychological mindedness. *Person-Centered and Experiential Psychotherapies*, 14, 137-148. <https://doi.org/10.1080/14779757.2014.981653>
- Beitel, M., Bogus, S., **Hutz, A.**, Green, D., Cecero, J.J., & Barry, D.T. (2014). Stillness and motion: An empirical investigation of mindfulness and self-actualization. *Person-Centered and Experiential Psychotherapies*, 13, 187-202. <https://doi.org/10.1080/14779757.2013.855131>
- Hutz, C.S., **Midgett, A.**, Pacico, J.C., Bastianello, M.R., & Zanon, C. (2014). The relationship of hope, optimism, self-esteem, subjective well-being, and personality in Brazilians and Americans. *Psychology*, 5, 514-522. <https://doi.org/10.4236/psych.2014.56061>
- Hutz-Midgett, A.**, Doumas, D. M., Dickinson, B.\* , Dondero, A.\* , Johnson, M. K.\* , & Kimball, J.\* (2012). Untangling hope and optimism: Implications for counselors. *Vistas*, 1-9. Retrieved from <https://www.counseling.org/>
- Hutz-Midgett, A.**, & Hutz, C.S. (2012). Counseling in Brazil: Past, present, and future. *Journal of Counseling and Development*, 90, 238-242. <https://doi.org/10.1111/j.1556-6676.2012.00030.x>
- Reppold, C.T., **Hutz, A.**, & Hutz, C.S. (2010). Are adopted adolescents at greater risk for negative outcomes? INTERPERSONA: *An International Journal on Personal Relationships*, 4, 1-20. <https://doi.org/10.5964/ijpr.v4i1.41>
- Beitel, M., **Hutz, A.**, Sheffield, K.M., Gunn, C., Cecero, J.J., & Barry, D.T. (2009). Do psychologically-minded clients expect more from counselling? *Psychology and Psychotherapy: Theory, Research, and Practice*, 4, 369-383. <https://doi.org/10.1348/147608309X436711>
- Martin, W.E., Jr., Kulstad, J., **Hutz, A.**, Stolle, D., Fabian, T., & Kasahara, E. (2008). Measuring person-environment fit for ethnocultural correspondence counseling. *Journal for the Professional Counselor*, 22, 19-33. Retrieved from <https://www.azsca.org/journal>
- Hutz, A.**, Martin W.E. Jr., & Beitel, M. (2007). Ethnocultural person-environment fit and college



adjustment: Some implications for college counselors. *Journal of College Counseling*, 10, 130-141. <https://doi.org/10.1002/j.2161-1882.2007.tb00013.x>

**Hutz, A., & Martin, W.** (2007). Understanding ethnocultural difference related to college adaptation for first-year undergraduate students. *College Student Journal*, 41, 1078-1088. Retrieved from <https://www.gale.com/c/academic-onefile>

Stolle, D., **Hutz, A.**, & Sommers-Flanagan, J. (2005). The impracticalities of Stuart's practical multicultural competencies. *Professional Psychology: Research and Practice*, 36, 574- 578. Retrieved from <https://www.apa.org/pubs/journals/pro/>

Cecero, J. J., Marmon, T., Beitel, M., **Hutz, A.**, & Jones, C. (2004). Images of mother, self, and God as predictors of dysphoria in non-clinical samples. *Personality and Individual Differences*, 36, 1669-1680. <https://doi.org/10.1016/j.paid.2003.06.013>

**Hutz, A.**, Fabian, T., & Martin, W. (2003). Predictors to college adaptation for ethnocultural majority and minority Students. *Arizona Counseling Journal*, 23, 14-21. Retrieved from <https://www.azsca.org/journal>

### **Book Chapters**

**Hutz, A.**, Teixeira, M.A.P., & Hutz, C.S. (2012). Career counseling in Brazil: Past, present, and future. In T. Hohenshil, N. Amundson, & S. Niles (Eds.), *Counseling Around the Work: An International Handbook*. Washington, DC: American Counseling Association.

**Hutz, A.**, Midgett, B., & Baldrige, M. (2010). O que aprendemos nos Estados Unidos com a experiência de inclusão de estudantes minoritários na universidade: Sugestões para apoiar estudantes cotistas em universidades brasileiras. In C. S. Hutz (Ed.), *Avanços em Psicologia Comunitária*. Translation: What we have learned in the United States regarding minority college student adaptation: Practical suggestions for supporting minority student inclusion in Brazilian universities. In C. S. Hutz (Ed.) *Advances in Community Psychology*.

Sommers-Flanagan, J., & **Hutz, A.** (2007). Psychoanalytic theory in action. In K. L. Kraus (Ed.), *Lifespan Development Theories in Action: A Case Study Approach for Counseling Professionals*. Cengage Learning.

### **Book Chapter Contributions**

**Hutz, A.** Leaning into discomfort. In Trotter-Mathison, M., Koch, J. M., Sanger, S. & Skovholt, T. M. (Eds.) (2010). *Voices from the field: Defining moments in counselor and therapist development*. New York: Routledge.

**Hutz, A.** (2007). Diversity testing concerns. Commentary in R. Sommers-Flanagan & J. Sommers-Flanagan, *Becoming an Ethical Helping Professional: Philosophical and Cultural Foundations*. New York: Wiley.

### **Additional Scholarship**

**Midgett, A.** Bullying: How Counselor Can Intervene (2016). *Counseling Today*. American Counseling Association.

**Midgett, A.** (2015). Bullying: A social justice issue. *Counselors for Social Justice Newsletter*.

Beitel, M., Geller, J., **Hutz, A.**, & Farber, B. (November 2004). Psychotherapists' styles of

information processing and their representations of patients. Paper presented at North American Society for Psychotherapy Research annual meeting (p. 38). Zion, Utah

### **Under Review/In Preparation**

Molly, M.,\* Midgett, A., Doumas, D.M. (under review). Evaluation of a Brief, Bystander Bullying Intervention (STAC) for Ethnically-Blended Middle Schools in Low-Income Communities

Gallo, L., Miller, R, Porchia, S.\*, Doumas, D. M., & Midgett, A. (under review). Counseling students' experiences learning how to assess suicide risk.

Midgett, A., Doumas, D. M., Peralta, C., Bond, L., & Flay, B. (under review). The impact of a culturally adapted bullying intervention on reducing depressive symptoms among bystanders.

Midgett, A., Doumas, D.M., Moran, M., & Gallo, L. (under review). Cultural Adaptation of a School-Based Bullying Intervention.

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### **PEER-REVIEWED PRESENTATIONS**

**Midgett, A.** & Doumas, D. M. (March, 2020). *Reducing internalizing symptoms among students who witness bullying: Efficacy of a brief, bullying bystander intervention*. Presented at the Evidence-Based School Counseling Conference Annual Meeting, Boca Raton, FL.

**Midgett, A.**, & Brette Stephenson\* (November, 2019). Empowering students to act as “defenders” to reduce bullying. Presented at the Idaho Counseling Conference Association, Boise, ID.

**Midgett, A.** & Doumas, D. M. (March, 2019). *The association between witnessing bullying as a bystander and negative mental health outcomes*. Presented at the Evidence-Based School Counseling Conference Annual Meeting, Columbus, OH.

**Midgett, A.**, & Doumas, D. M. (March, 2019). *Adapting and evaluating a bullying intervention program to be culturally appropriate for a diverse, low-income middle school*. Presented at the Evidence-Based School Counseling Conference Annual Meeting, Columbus, OH.

**Midgett, A.**, Doumas, D. M, Bond, L. (June, 2018). *Efficacy of a brief bullying intervention for high middle schools in low-income, mixed-race communities*. Presented at the CTR-IN Annual Meeting, Las Vegas, NV.

**Midgett, A.**, Doumas, D. M, Bond, L. (June, 2018). *Efficacy of a brief bullying intervention for high middle schools in low-income, mixed-race communities*. Poster at the CTR-IN Annual Meeting, Las Vegas, NV.

Johnston, A.\*, **Midgett, A.**, & Doumas, D. M. (January, 2018). *High school students' experiences trained as “defenders” in a brief, bystander bullying intervention program*. Poster presented at the annual meeting of the Idaho Counseling Association, Boise, ID.

**Midgett, A.** (March, 2018). Re-Thinking and Evaluation Bullying Intervention for High School. College of Education 4th Friday Research Talk. Boise, ID.

**Midgett, A.,** Dumas, D., & Johnston, A.\* (October, 2017). Re-thinking bullying intervention for high school students: What counselor educators need to know. Presentation scheduled for the Association for Counselor Education and Supervision. Chicago, IL.

Johnston, A.,\* **Midgett, A.,** & Dumas, D. (October, 2017). Gender differences in the relationship between bullying victimization and substance use among high school students: Implications for counselor educators. Presentation scheduled for the Association for Counselor Education and Supervision. Chicago, IL.

Johnston, A.,\* Trull, R.,\* & **Midgett, A.** (January, 2017). Re-Thinking Bullying Intervention for High School Students. Presentation at the Idaho Counseling Association Annual Conference. Boise, ID.

**Midgett, A.** (October, 2016). Brief, bullying bystanders interventions: A partnership between school counselors and counselor education programs. Presentation at Rocky Mountain ACES Bi-Annual Conference Steamboat, CO.

**Midgett, A.,** Moody, S., Rilley, B.,\* & Lyter, S.\* (January, 2016). Implementing a brief, bullying bystander intervention: A qualitative analysis. Presentation at the Idaho Counseling Association Annual Conference. Boise, ID.

**Midgett, A.,** Hausheer,\* R., & Dumas, D.A. (October, 2015). Increasing counseling students' group leadership self-efficacy and multicultural competency through service-learning. Poster presentation at ACES Bi-Annual Conference, Philadelphia, PA.

**Midgett, A. &** Hausheer, R.\* (March, 2015). Developing students' multicultural competence and social justice advocacy skills through service-learning. Poster Presentation at the Annual American Counseling Association Conference, Orlando, FL.

**Midgett, A. &** Hausheer, R.\* (March, 2015). Empirically-based bullying reduction strategies for middle school students. Presentation at the Annual American Counseling Association Conference, Orlando, FL.

**Midgett, A. &** Sears, D.\* (October, 2014). Bullying prevention. Institute of Addiction Invited Presentation. Boise, ID.

**Hutz-Midgett, A.,** Dumas, D., & Hausheer R.\* (October, 2013). Teaching multicultural and social justice competence skills through service learning. Poster presentation at ACES Bi-Annual Conference, Denver, CO.

**Hutz-Midgett, A.,** Hausheer R.,\* & Dumas, D. (October, 2013). Preparing counselors-in- training to facilitate effective caregiver-child interactions through service learning. Poster presentation at ACES Bi-Annual Conference, Denver, CO.

**Hutz-Midgett, A.,** Jensen, J.,\* & Jahn, L.\* (October, 2012). Teaching applied multicultural and social justice competence through service learning. Presentation at Rocky Mountain Association for Counselor Education and Supervision Bi-Annual Conference City, UT.

**Hutz, A.** (March, 2012). Learning about refugee strength and resilience: A qualitative inquiry about adaptation to life in the United States. Poster presentation at the American Counseling

Association Annual Conference, San Francisco, CA.

**Hutz, A.** (March, 2012). Hope and Optimism: Are they the same across cultures? Poster presentation at the American Counseling Association Annual Conference, San Francisco, CA.

Brasica, K., & **Hutz, A.** (April, 2011). Preparing students to work with refugees: Lessons learned. Presentation at The 14th Annual Continuums of Service Conference, San Diego, CA.

**Hutz, A.,** Horras\*, D., Mundy,\* L., Blades,\* Jr., Phillips, J.,\* & Sundquist, M.\* (October, 2010). Leadership and innovation through service learning: Counselor education students working with refugee families. Presented at the Rocky Mountain Association for Counselor Education and Supervision Bi-Annual Conference, Jackson, WY.

**Hutz, A.** (March, 2010). International service therapy: A path to healing. Poster presentation at the American Counseling Association Annual Conference, Pittsburg, PA.

**Hutz, A.** (January, 2010). Let's talk about race: What does it mean to be White? Presented at the Idaho Counseling Association Conference, Boise, ID.

**Hutz, A.,** Beitel, M., & Pitts, J.\* (October, 2006). Counselors-in-training and therapeutic outcomes: A preliminary empirical inquiry during a first practicum experience. Presented at the Rocky Mountain Association for Counselor Education and Supervision Bi-Annual Conference, Jackson, WY.

**Hutz, A.,** Fabian, T., & Martin, W. (October, 2005) Relationships across perceptions of adaptation to college and ethnocultural P-E fit: Emerging qualitative models. Poster presented at the Association for Counselor Education and Supervision Bi-Annual Conference, Pittsburg, PA.

**Hutz, A.,** & Bell, D.\* (May, 2005). Avaliação psicológica em contextos multiculturais e com grupos minoritários. Presented at the II Congresso de Avaliação Psicológica, Gramado, Rio Grande do Sul, Brazil.

Pete, G.,\* LaCombe, S.,\* Myers, D.,\* & **Hutz, A.** (April, 2005).The path through the whispers: Working with bi-racial and multicultural adolescent clients. Presented at the Montana Counseling Association Annual Conference, Helena, MT.

Bell, D.\* & **Hutz, A.** (April, 2005). Important considerations in assessing socio-racially diverse populations in the United States. Presented at the Montana Counseling Association Annual Conference, Helena, MT.

Midgett, B.,\* Hill, S., & **Hutz, A.** (April, 2005). Native American suicide: An insight into intervention and treatment methods. Presented at the Montana Counseling Association Annual Conference, Helena, MT.

Gibson, V.,\* Farley, M.,\* Rivenbark, A.,\* & **Hutz, A.** (April, 2005). Working with children and families living in poverty: Implications for school counselors. Presentation at the Montana Counseling Association Annual Conference, Helena MT.

Howell, J.,\* Courtney, C.,\* Silverberg, S.,\* & **Hutz, A.** (April, 2005). Trans-cultural and cross-

- cultural adoptions: Three examples with relevant counseling implications. Poster presented at the Montana Counseling Association Annual Conference, Helena, MT.
- Warner-Dobrowski, C.,\* Dudley, N.,\* & **Hutz, A.** (April, 2005). Fostering resiliency in diverse students: What can school counselors do? Poster presented at the Montana Counseling Association Annual Conference, Helena, MT.
- Foster, C.,\* Morrison, L.,\* Ranstrom, A.,\* **Hutz, A.** (April, 2005). Healing after the experience: Coping with victimization. Poster presented at the Montana Counseling Association Annual Conference, Helena, MT.
- Hutz, A.**, Martin, W., Beitel, M., & Bell, D. (October, 2004). Ethnocultural person-environment fit as a moderator of college adjustment: Implications for counseling. Poster presented at the Rocky Mountain Association for Counselor Education and Supervision Association Bi-Annual Conference, Breckenridge, CO.
- Giumelli, E., **Hutz, A.**, Fabian, T., Martin, Jr., W. E. (April, 2004). Predictors of college adjustment of first year minority college students. Poster presented at the Western Psychological Association Annual Conference, Tempe, AZ.
- Hutz, A.**, Beitel, M., Sharkey, B., Bell, D., & Knell, J. (October, 2003). Substance abuse screening in a university counseling center: Assessing clients, Measures, and Recommendations. Presented at the Montana Counseling Association Annual Conference, Missoula, MT.
- Halter, M. & **Hutz, A.** (March, 2003). Parental adjustment to their emerging adult attending college. Poster presented at the American Counseling Association Annual Conference, Anaheim, CA.
- Hutz, A.**, Martin, W., & Fabian, T. (May, 2002). Relationships among psychosocial variables and college adjustment for students of various ethnocultural backgrounds. Poster presented at Western Psychological Association Annual Conference, Irvine, CA.
- Fabian, T., Martin, W., & **Hutz, A.** (August, 2001). Factors predicting college adjustment of students from various ethnocultural backgrounds. Poster presented at the American Psychological Association Conference Annual Conference, San Francisco, CA.
- Fabian, T., Martin, W., **Hutz, A.**, & Molera, O. (April, 2001). Relationships of English language proficiency and psychosocial factors to college student adjustment of 1st Year undergraduate students from various ethnocultural backgrounds. Poster presented at the Rocky Mountain Psychological Association Annual Conference, Reno, NV.
- Martin, W., Swartz-Kulstad, J., **Hutz, A.**, & Fabian, T. (April, 2001). Canonical correlations on ethnocultural perceptions of fit and first-year college student adjustment. Poster presented at Rocky Mountain Psychological Association Annual Conference, Reno, NV.
- Hutz, A.**, Fabian, T., & Martin, W. (May, 2000). College adjustment of first-year students from various ethnocultural backgrounds. Poster presented at Rocky Mountain Psychological Association Annual Conference, Tucson, AZ.
- Martin, W., Swartz-Kulstad, J., **Hutz, A.**, & Fabian, T. (May, 2000). Psychosocial correlates to college adjustment of undergraduate students. Poster presented at the Rocky Mountain

## GRANTS/CONTRACTS

### **Funded Research Grants**

*Translation of an In-Person Brief, Bystander Bullying Intervention (STAC) into a Technology-Based Program.* National Institutes of Health Niche Assessment.

*Translation of an In-Person Brief, Bystander Bullying Intervention (STAC) into a Technology-Based Program.* National Institutes of Health R41 Small Business Technology Transfer (SBTT) Phase I. **PI.** Amount Funded: \$275,000.

*Evaluating a brief, stand-alone bullying bystander intervention for mixed-race middle schools in underserved, predominantly Hispanic communities.* Clinical and Translational Research–Infrastructure Network Pilot-Grant through the National Institute on General Medical Health (CTR-IN, 2017). **PI.** Amount Funded: \$88,000.

*Behavioral Health Workforce Education and Training for Professionals and Paraprofessionals,* U.S. Department of Health and Human Services, Health Resources and Services Administration (HERSA, 2016). **Co-I.** Amount Funded: \$214,270

*Brief, Bystander Bullying Intervention for High School Students,* College of Education Seed Grant Competition (2016). **PI.** Amount Funded: \$19,847

*Brief, Bullying Bystander Program with Junior High School Students,* Clinical and Translational Research–Infrastructure Network Mini-Grant through the National Institute on General Medical Health (CTR-IN, 2016). **PI.** Amount Funded: \$12,500.

*Cross-Cultural Constructs of Hope and Optimism,* Division of Research, Boise State University. (2009) **PI.** Amount Funded: \$2,500.

*Training Therapists: An Empirical Model Investigating Supervision Feedback, Counselor-in-Training Development, and Therapeutic Outcomes,* Office of the Vice President for Research, The University of Montana. (2006) **PI.** Amount Funded: \$4,510.

### **Funded Development Grants**

Institute for the Study of Behavioral Health and Addiction, Boise State University Faculty Research Award. *Reducing Internalizing Symptoms among Students Who Witness Bullying: Efficacy of a Brief, Bullying Bystander Intervention.* Amount Awarded \$1500.

Graduate College Recruitment Grant, Graduate College (2016). **PI.** Amount Funded: \$500.

Graduate Assistantship (GA) for Traditionally Underrepresented Graduate Students, Graduate College (2016). **PI.** Amount Funded: \$ \$15,000 stipend, resident tuition and fees, student employee benefits, and GA health insurance.

Service-Learning Mini-Grant, Boise State (2014). **PI.** Amount Funded: \$800.

Multicultural-Social Justice Advocacy, Boise State Service Learning. (2012-2013). **PI.** Amount

Funded: \$300.

### **Funded Contracts**

*Bullying Assessment*, Sponsored by State of Idaho, Cascade School District (2013-2014). **PI.** Amount Funded: \$5,000

### **Submitted Research Grants**

*Evaluating a Brief, Bullying Bystander Program for High School Students*, National Institutes of Health R03 (2017). **PI.** Amount Requested: \$140,000.

### **Boise State Student Mentored Research Awards**

- 2019 Student Research Award, 2<sup>nd</sup> Place, Idaho Counseling Association. *Parents are the Solution: Acceptability of an Online Parent-Based Alcohol Intervention for High School Students*. Awarded to **Sherise Porchia**: \$100.
- 2019 Student Research Award, 3<sup>rd</sup> Place, Idaho Counseling Association. *Evaluating the Effectiveness of a Brief, Bullying Intervention Program (STAC) on Reducing Bullying and Biased-Based Victimization in an Ethnically-Blended Low-Income School*. Awarded to **Andrea Pikes**: \$50.
- 2019 Institute for the Study of Behavioral Health and Addiction, Boise State University. *Evaluating the Effectiveness of a Brief, Bullying Intervention Program (STAC) on Reducing Bullying and Biased-Based Victimization in an Ethnically-Blended Low-Income School*. Awarded to **Andrea Pikes**: \$250.
- 2019 Pat and Eloise Beiter Fellowship. *Evaluating the Effectiveness of a Brief, Bullying Intervention Program (STAC) on Adapted for Ethnically-Blended Low-Income School*. Awarded to **Molly Moran**: \$3,000.
- 2019 Institute for the Study of Behavioral Health and Addiction, Boise State University Dissertation Award. *Evaluating the Effectiveness of a Brief, Bullying Intervention Program (STAC) on Adapted for Ethnically-Blended Low-Income School*. Awarded to **Molly Moran**: \$500.
- 2019 **Molly Moran**. Boise State University, Vice President of University Advancement Award. *A Mixed Method Evaluation of a Culturally Adapted, Brief, Bullying Bystander Intervention for Middle School Students*.
- 2019 **April Johnston**. Boise State University, College of Education Research Award. *The Efficacy of a Brief, School-Based Bystander Bullying Intervention on Alcohol Use among High School Students*. Awarded to **April Johnston**: \$250.
- 2018 **April Johnston**. Boise State University, Diversity and Inclusivity Award. *High School Students' Experiences Trained as "Defenders" in a Brief, Bystander Bullying Intervention Program*.
- 2018 **Molly Moran**. Boise State University, College of Education Research Award. *Cultural Adaptation of a Bullying Intervention for Mixed-Race Middle Schools*.
- 2018 **Molly Moran**. Idaho Counseling Association, Student Research Award. *Cultural*

*Adaptation of a Bullying Intervention for Mixed-Race Middle Schools.*

- 2018      **Alyee Willets.** Idaho Counseling Association, Student Research Award  
*Counseling Muslim Clients.*
- 2016      **Rhiannon Trull, Paula Perry, Kristin Shearer.** Idaho Counseling Association,  
Student Research Award. *A bystander bullying intervention for elementary school  
students: A pilot study.*
- 2015      **Rhiannon Trull, Paula Perry, Kristin Shearer.** *A bystander bullying intervention  
for elementary school students: A pilot study.*

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## DISSERTATION AND THESIS COMMITTEES

Sibold, Angela (2017-present). *Bullying education and prevention in 4<sup>th</sup> grade.* Saint Anthony College of Nursing, Doctor of Nurse Practice Program. Rockford, IL. Dissertation Committee Member (Subject Matter Expert).

Moran, Molly (completed 2020). *Bullying intervention in mixed-race schools.* Boise State University. Dissertation Chair.

Johnston, A. (completed 2019). *Bullying and substance abuse in high school.* Boise State University. Dissertation Co-Chair.

Jensen, J. (2014-2017). *Retention and satisfaction in counselor education first year students.* Boise State University. Dissertation Chair.

Hausheer, R. (completed 2015). *Prevention of underage drinking.* Dissertation Committee Member.

Minick, C. (completed 2008). *The experience of attrition: A phenomenological study of freshmen in academic good standing.* The University of Montana. Dissertation Committee Member.

Richert, J.K. (completed 2007). *Changing attitudes: Congressional rhetoric, race, and education inequalities.* Masters Thesis Committee Member.

Bishop, N.S. (completed 2007). *Implementation and assessment of a test anxiety reduction program with 10<sup>th</sup> graders and their subsequent performance on the MontCAS Criterion Referenced Test.* The University of Montana. Dissertation Committee Member.

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## SELECTED PROFESSIONAL SERVICE

### University

#### **University-Level**

Graduate Student Research Conference Judge (Spring 2018, 2019)

Tunnel of Oppression Debriefing Coordinator (Fall 2011-2016; Spring 2012, 2014-2015)

Food Service Advisory Committee (2016-2019)

Ethnic and Diversity Board Member (2009-2013)

Tunnel of Oppression Debriefing (Fall 2009-2012)



Invited Presentation to Foundations Faculty: Understanding Oppression and How to Teach About It (November, 2012)

Invited Presentation: Hutz, A. (April, 2010). What does it mean to be White: Implications for College Counselors. Boise State Counseling Services, Boise, Idaho.

For 'UM for US' Foundation Fundraising Campaign (2008-2009)

UM Charitable Giving Fundraising Campaign (2008-2009)

UM Health Fair Volunteer – Body Image and Mood Disorder Screenings (2008-2009)

Co-chair of successful CACREP accreditation at UM for School Counseling and Mental Health Counseling Masters Programs (2004-2005)

### **College-Level**

Dean's Evaluation Committee (2017, 2018)

Doctoral Management Committee (2009-2019)

Accreditation Committee (2013-2015)

Scholarship Committee (2014-2015)

Technology Committee (2013-2014)

Curriculum Committee (2009-2011)

College of Education Tenure and Promotion Committee (2009-2013)

UM School of Education Technology Committee (2008-2009)

UM SOE Faculty Evaluation Committee (2006-2007)

UM School of Education 'Indian Education for All' Committee (2006-2007)

UM Faculty Evaluation Committee Chair (2005-2006)

UM School of Education Diversity Plan Task Force (2004-2005)

UM School of Education Indian Task Force Committee (2004-2005)

UM School of Education Diversity Plan Task Force (2003-2004)

UM School of Education Indian Task Force Committee (2003-2004)

UM Intercultural Youth and Family Development Advisory Board (2005-2006)

### **Department-Level**

Scholarship Committee Chair (2015-present)

Doctoral Student Selection Committee Member (2016-present)

National Board of Certified Counselors Coordinator (2014-present)

CACREP Coordinator (2011-2019)

Promotion and Tenure Chair (Spring 2018)

Recruitment and Retention Co-Chair (2016-2017)

CACREP Assessment Committee Chair (2016-2017)

Counselors for Social Justice, Faculty Advisor (2011-2017)

Admissions and Orientation Coordinator (Spring 2013- 2015, 2016-2017)

CACREP Assessment Committee Member (2013-2015)

COE Newsletter Chair (2013-2015)

Doctoral Coordinator (2011-2015)

Doctoral Student Selection Committee Chair (2011-2015)

Faculty Search, Chair (2014 and 2015)

Recruitment and Retention Committee, Co-Chair (2016-2017)

Recruitment and Retention Committee, Chair (2013- Fall 2015)

Faculty Search, Co-Chair (2013)

Faculty Search, Committee Member (2012)

Faculty Evaluation Committee (2011-2012)

UM Faculty Evaluation Committee Chair (2005-2006)

UM Faculty Evaluation Committee Member (2004-2005)

UM's Counselor Education Program and UFRGS Applied Psychology and Development Program

(2004-2005)

Established an inter-departmental international exchange for faculty and students from UM Counselor Education and UFRGS, Brazil

Coordinated visit and hosted a short-term scholar from UFRGS, Brazil (2006-2007)

Summer UM In-Psych Recruitment of American Indian Students (2006-2007)

### **Profession**

Professional School Counseling, Editorial Board Member (2018- 2020)

Invited Assembly Presentation Bullying at Marsing Elementary School, Marsing, ID (May, 2018)

Journal of Counselor Preparation and Supervision, Editorial Board Member (2016- 2019)

Invited Reviewer for Psychology of Violence Journal (2018)

Idaho Counseling Association Conference Poster Presentation Judge (January 2017, 2015)

Rocky Mountain Association Conference Presentation Reviewer (2018, 2016, 2014, 2012)

IACES Past President (2016-2015)

Conference Reviewer for ACES Bi-Annual Conference (2015, 2013)

Invited Reviewer for the journal *Person-Centered and Experiential Psychotherapies*

(December 2015, April, 2014)

Idaho Association for Counselor Education and Supervision President (2015, 2014, 2013)

Idaho Counseling Association Student Poster Presentation Competition Coordinator (2014)

Idaho Counseling Association Board Member (2014, 2013, 2012, 2011)

Invited Reviewer for the *International Journal for Educational and Vocational Guidance*

(September, 2013)

ACES Conference Reviewer (2013)

Idaho Counseling Association Human Rights Committee Chair (2013, 2012, 2011)

Rocky Mountain Association Conference Planning Committee (2012)

Idaho Counseling Association Conference Planning Committee (2011)

Reviewer on behalf of Counselors for Social Justice for the 2010 ACA Conference

Counselors for Social Justice, Human Rights Committee Chair (2010, 2009)

Book Review for Wiley (2004, 2005)

Visited UFRGS, Brazil and attended advanced graduate research seminars (Summer 2008, 2005, 2004)

### **Community**

Bullying Program Implementation at West Canyon Elementary School (2020 AY)

Bullying Program Implementation at Vallivue Middle School (2019 AY)

Bullying Presentation at Jerome Middle School (Spring 2019)

Bullying Program Implementation at Jerome Middle School (2017-2018 AY)

Bullying Program Implementation at Capital High School (2017-2018 and 2016-2017 AY)

Bullying intervention results presentation to Capital High School staff, teachers, and administrator (August 2017)

Guest on Expert Panel for channel 6 news live stream on Bullying in Idaho (Spring 2017)

Bullying Program Implementation at Hawthorn Elementary School (2016-2017 AY)

Bullying Program Implementation at North Junior High (Spring 16, Fall 14, Spring 13)

Bullying Program Implementation at Pathways School (Fall 14, Spring 13)

Bullying Program Implementation at Valley View Elementary (Spring 15, Fall 15)

Bullying Program Implementation at Sacajawea Elementary (Spring 15, Fall 15)

Bullying Assessment Principle Investigator for Cascade District (Spring 14, Fall 13)

Power of One Conference Proposal Committee Member (Fall 2012)

Invited presentation: Hutz, A. & Camel, T. (August, 2008). Developing multicultural awareness, knowledge, and skills. Presented at Cultural Competency Workshop, Salish- Kootnai College, Pablo, Montana.

Multicultural Community-Focus Group Member (2007-2008 AY)

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**CURRENT PROFESSIONAL ORGANIZATIONS**

American Counseling Association  
Association for Counselor Education and Supervision  
Child and Adolescent Counseling Association  
Idaho Counseling Association

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**LANGUAGES SPOKEN**

Fluent in Portuguese including reading and writing skills  
Conversational Spanish including basic reading and writing skills