

CURRICULUM VITAE

G. Michael Russo, Ph.D., LPC (ID), NCC, BCN- Associate Fellow

Visiting Assistant Professor
Boise State University
School of Education
Department of Counselor Education
Boise, Idaho

Telephone: (208) 426-1219 / E-mail: michaelrusso@boisestate.edu

EDUCATION

Doctor of Philosophy in Counselor Education and Supervision (Ph.D.) **May 2021**
with a Graduate Minor in Applied Statistics

The University of Mississippi, University, MS (*CACREP Accredited*)

Dissertation: The Efficacy of Neurofeedback in the Treatment of Individuals with Anxiety-Spectrum Disorders: A Meta-Analysis.

Committee Members: Richard S. Balkin, PhD, LPC, NCC (Chair); A. Stephen Lenz, PhD, LPC, NCC (Methodologist); Stephanie L. Lusk, PhD, CRC; Alicia C. Stapp, Ed.D.

Master of Science in Clinical Mental Health Counseling (M.S.) **December 2017**

The University of Texas at San Antonio, San Antonio, TX (*CACREP Accredited*)

Bachelor of Arts in Psychology (B.A.) **May 2014**

The University of Texas at San Antonio, San Antonio, TX

TEACHING AND SUPERVISION

Courses Instructed

CTC 655-1: *Advanced Clinical Interventions in Trauma Treatment II*

Instructor of Record (Affiliate Faculty)

Spring, 2021

Thomas Jefferson University, Philadelphia, PA (Distance-based instruction)

Courses Co-Instructed

COUN 608: *Issues and Ethics in Counseling (Oxford Campus)*

Co-Instructor

Summer, 2020

Instructor of record: Mandy L. Perryman, Ph.D., LPC, NCC

The University of Mississippi, University, MS (Distance-based instruction)

COUN 608: *Issues and Ethics in Counseling (Tupelo Campus)*

Co-Instructor

Summer, 2020

Instructor of record: Mandy L. Perryman, Ph.D., LPC, NCC

The University of Mississippi, Tupelo, MS (Distance-based instruction)

COUN 611: *Assessment in Counseling (Combined Tupelo & Oxford Campus)*

Co-Instructor

Summer, 2019

Instructor of record: Richard S. Balkin, Ph.D., LPC, NCC

The University of Mississippi, University, MS (In person and Live, Distance-based instruction)

COUN 607: *Group Procedures (Tupelo Campus)*

Co-Instructor

Spring, 2019

Instructor of record: Joshua Magruder, Ph.D., LPC-S, NCC

The University of Mississippi, Tupelo, MS

COUN 674: *Diagnostic Systems in Counseling*

Co-Instructor

Fall, 2018

Instructor of record: Marc Showalter, Ph.D., LPC-S

The University of Mississippi, University, MS

COU 6973: *SI: Intro to Theory/Prac Neuro*

Neurofeedback Teaching Assistant

Fall, 2015

Instructor of record: Mark S. Jones, DMin, LPC-S, LMFT, BCN, qEEG-D

The University of Texas at San Antonio, San Antonio, TX

COU 6973: *SI: Intro to Theory/Prac Neuro*

Neurofeedback Teaching Assistant

Summer, 2015

Instructor of record: Mark S. Jones, DMin, LPC-S, LMFT, BCN, qEEG-D

The University of Texas at San Antonio, San Antonio, TX

COU 6973: *SI: Intro to Theory/Prac Neuro*

Neurofeedback Teaching Assistant

Spring, 2015

Instructor of record: Mark S. Jones, DMin, LPC-S, LMFT, BCN, qEEG-D

The University of Texas at San Antonio, San Antonio, TX

Guest Lectures

COUN 569: *Seminar: Professional Counseling*

Guest lecture titled: Life Post-Masters: Doctoral Degree Experiences

Fall, 2020

Instructor of record: Raissa Miller, Ph.D., LPC

Boise State University, Boise, ID (Distance-based lecture)

COUN 606: *Counseling Theories*

Guest lecture titled: Bringing the Person into Person-Centered Counseling
Fall, 2019

Instructor of record: Kenya G. Bledsoe, Ph.D., LPC-S, NCC, NCSC
The University of Mississippi, University, MS

COUN 798: *Transitioning into the Professoriate*

Guest lecture titled: Supervision and Gatekeeping in Counselor Education
Spring, 2019

Instructor of record: Amanda Winburn, Ph.D., SB-RPT, NCSC, NCC
The University of Mississippi, University, MS

COUN 787: *Advanced Professional Identity and Ethics in Counselor Education*

Guest lecture titled: Ethical Decision Making in Counselor Education
Fall, 2018

Instructor of record: Alexandria Kerwin, Ph.D., LPC-S, NCC
The University of Mississippi, University, MS

COU 6883: *Trauma, Crisis, and Grief Counseling*

Guest lecture titled: Crisis! What Do I Do?!

Summer, 2018
Instructor of record: Thelma Duffey, Ph.D., LPC, LMFT
The University of Texas at San Antonio, San Antonio, TX

COU 6883: *Trauma, Crisis, and Grief Counseling*

Guest lecture titled: PTSD Treatment with Neurofeedback
Spring, 2017

Instructor of record: Allison Marsh Pow, Ph.D., LPC, NCC
The University of Texas at San Antonio, San Antonio, TX

COU 5203: *Introduction to Clinical Mental Health Counseling*

Guest lecture titled: The Hope Behind the Squiggles: Neurocounseling and Neurofeedback
Fall, 2015

Instructor of record: Kim Lee-Hughes, Ph.D.
The University of Texas at San Antonio, San Antonio, TX

PSY 3543: *Introduction to Clinical Psychology*

Guest lecture titled: Appropriate Mental Health Diagnosis
Spring, 2014

Instructor of record: Epherim Fernandez, Ph.D.
The University of Texas at San Antonio, San Antonio, TX

PSY 3543: *Introduction to Clinical Psychology*

Guest lecture titled: Appropriate Mental Health Diagnosis
Fall, 2013

Instructor of record: Epherim Fernandez, Ph.D.
The University of Texas at San Antonio, San Antonio, TX

PSY 4953: *Special Studies in Psychology: Stress Management*

Guest lecture titled: Neurofeedback Therapy in San Antonio
Summer, 2013

Instructor of record: Mary McNaughton-Cassill, Ph.D.
The University of Texas at San Antonio, San Antonio, TX

Supervisory Experiences

Oxford Treatment Center

Doctoral Student Supervisor, Oxford, MS

March 2020– August 2020

- Provided individual supervision of master’s level counselors-in-training that worked with individuals in various stages of recovery.
- Individual supervision was provided via weekly, synchronous, distance-based methods such as phone and/or zoom formats. Asynchronous methods such as email and text were also utilized as a secondary form of communication.

Waller and Associates Counseling, LLC

Doctoral Student Supervisor, Oxford, MS

March 2020– August 2020

- Provided individual supervision of graduate level counselors-in-training which saw clients in a private practice setting.
- Individual supervision was provided via weekly, synchronous, distance-based methods such as phone and/or zoom formats. Asynchronous methods such as email and text were also utilized as a secondary form of communication.

The University of Mississippi, Center for Student Success

Doctoral Student Supervisor, University, MS

March 2020– May 2020

- Provided individual supervision of mindfulness-based psychoeducational groups completed by master’s level counselors-in-training throughout COVID-19 pandemic.
- Individual supervision was provided via weekly, synchronous, distance-based methods such as phone and/or zoom formats. Asynchronous methods such as email and text were also utilized as a secondary form of communication.

The University of Mississippi, University Counseling Center

Doctoral Student Supervisor, University, MS

January 2020– March 2020

- Provided weekly individual and group supervision to graduate-level students enrolled in *CACREP accredited* internship courses.
- Students provided counseling to address a wide range of clinical goals for students at The University of Mississippi.
- Provided feedback to students based on direct clinical observation of live and recorded counseling sessions, assisted in the development of clear and concise clinical notes, and upheld a supportive environment to enhance the development of their professional counseling identity.

RESEARCH INTEREST AND SCHOLARLY PRODUCTIVITY

Primary Research Interests:

- Neuroscience-informed counseling and Neurofeedback
- Anxiety
- Substance Abuse/Misuse
- Crisis

Peer-reviewed Publications

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10. Field, T. A., Moh, Y. S., Luke, C., Gracefire, P., Beeson, E. T., **Russo, G. M.** (under review). A training model for the development of neuroscience-informed counseling competencies. *Journal of Mental Health Counseling*.
 9. Dumas, D. M., **Russo, G. M.**, Miller, R., Esp, S., Mastroleo, N. R., & Turrisi, R. (under review). Sensation seeking and adolescent drinking: Do protective behavioral strategies lower risk?. *Journal of Counseling & Development*.
 8. **Russo, G. M.** (under review). Evaluating neurofeedback efficacy in experimental studies of anxiety through meta-analysis. *Journal of Counseling & Development*.
 7. **Russo, G. M.**, Balkin, R. S., & Lenz, A. S. (under review). Evaluating neurofeedback efficacy in pre-experimental studies of anxiety through meta-analysis. *Journal of Counseling & Development*.
 6. Balkin, R. S., **Russo, G. M.** & Perryman, M. L. (in press). A comparison of treatment perspectives between adolescent males in residential treatment for substance use and their counselors. *Journal of Counseling & Development*.
 5. Balkin, R. S., Lenz, A. S., **Russo, G. M.**, Powell, B., & Gregory-Pike, H. (in press). Effectiveness of EMDR for decreasing symptoms of over-arousal: A meta-analysis. *Journal of Counseling & Development*.
 4. **Russo, G. M.**, Schauss, E., Naik, S., Banerjee, R., Ghoston, M., Jones, L. K., Zalaquett, C. P., Beeson, E. T., & Field, T. A. (2021). Extent of counselor training in neuroscience-informed counseling competencies. *Journal of Mental Health Counseling*, 43(1), 75–93. <https://doi.org/10.17744/mehc.43.1.05>
 3. Balkin, R. S., & **Russo, G. M.** (2021). Evaluating perceptions of working alliance and crisis stabilization for adolescent males in residential treatment for substance abuse: A time-

series analysis. *Counseling Outcome Research and Evaluation*, 12(1), 4–15.

<https://doi.org/10.1080/21501378.2020.1776598>

2. Dreis, S., Gouger, A., Perez, E., **Russo, G. M.**, Fitzsimmons, M., & Jones, M. (2015). Using neurofeedback to lower anxiety symptoms using individualized QEEG protocols: A pilot study. *NeuroRegulation*, 2(3), 137–148. <http://dx.doi.org/10.15540/nr.2.3.137>

1. **Russo, G. M.**, & Novian, D. A. (2014). A research analysis of neurofeedback protocols for PTSD and alcoholism. *NeuroRegulation*, 1(2), 183–186.

<http://doi.org/10.15540/nr.1.2.183>

Book Chapters

Longo, R. E., & **Russo, G. M.** (2017). Working with forensic populations: Incorporating peripheral biofeedback and brainwave biofeedback into your organization or practice. In T. F. Collura & J. A. Frederick (Eds.), *Handbook of Clinical QEEG and Neurotherapy* (pp. 92–105). Routledge. <https://doi.org/10.4324/9781315754093>

Non- Refereed Publications

Russo, G. M., & Stevens, S. (2016). Counseling students gaining early exposure to neurofeedback. *Counseling Today*, 58(8), 14–16. American Counseling Association.

Russo, G. M. (2015, February). What is neurofeedback? *Sigma Alpha Chi Chapter of Chi Sigma Iota Newsletter*, 3(3), 4. UTSA Department of Counseling.

Russo, G. M. (2015, February). Student spotlight. *College of Liberal and Fine Arts Career Connections*, 13–14. UTSA Career Center.

External Grants and Scholarships

Total External Funding Awarded: \$3,545.00

Russo, G. M. (2020). *Student neurofeedback research equipment grant*. BrainMaster Technologies, Inc.

Student Research Equipment Grant: \$2,245.00

Russo, G. M. (Principal Investigator), Down, M. (2016–2017). *Examining the efficacy of neurofeedback combined with psychotherapy in the treatment of individuals with post-traumatic stress disorder*. The Foundation for Neurofeedback and Neuromodulation Research.

Unfunded Proposal Amount: \$2,000.00

Dreis, S., Gouger, A., Perez, E., **Russo, G. M.**, Fitzsimmons, M., & Jones, M. (2015). *Using neurofeedback to lower anxiety symptoms using individualized QEEG protocols: A pilot study*. The International Society for Neurofeedback and Research.

Student Paper Award: \$850.00

Russo, G. M. (2015). *To go fast go alone, to go far go together: The mutual growth in the process of professional mentorship*. The Association for Applied Psychophysiology and Biofeedback.

Scholarship Amount Awarded: \$250.00

Russo, G. M. (2015). *The bridge between PTSD and chemical addiction: Theory meets practice*. The Biofeedback Society of Texas.

Scholarship Amount Awarded: \$200.00

Russo, G. M. (Principal Investigator), Wilborn, K., Mangold, D., & Novian, D. A. (2014–2015). *The effects of neurofeedback on cortisol levels in individuals with depressive symptomatology*. The ISNR Research Foundation.

Unfunded Proposal Amount: \$2,000.00

Internal Grants and Scholarships

Total Internal Funding Awarded: \$13,213.25

Russo, G. M. (2020). *The Efficacy of Neurofeedback in the Treatment of Individuals with Anxiety-Spectrum Disorders: A Meta-Analysis*. The University of Mississippi Graduate School Dissertation Fellowship Award.

Dissertation Fellowship Award: \$10,913.25

Russo, G. M. (2019). *Treatment trends in male adolescent substance use: A time series analysis for adolescents in recovery*. The University of Mississippi Graduate Student Travel Award.

Travel Grant Award: \$300.00

Russo, G. M. (2019). *Treatment trends in male adolescent substance use: A time series analysis for adolescents in recovery*. The University of Mississippi School of Education Student Travel Grant.

Travel Grant Award: \$300.00

Russo, G. M. (2019). *Treatment trends in male adolescent substance use: A time series analysis for adolescents in recovery*. The University of Mississippi Department of Leadership and Counselor Education Student Travel Grant.

Travel Grant Award: \$300.00

Russo, G. M. (2019). *Training clinical mental health counselors in the biological basis of behavior: Aims of the AMHCA neuroscience taskforce*. The University of Mississippi Graduate Student Travel Award.

Travel Grant Award: \$300.00

Russo, G. M. (2019). *Training clinical mental health counselors in the biological basis of behavior: Aims of the AMHCA neuroscience taskforce*. The University of Mississippi School of Education Student Travel Grant.

Travel Grant Award: \$300.00

Russo, G. M. (2019). *Training clinical mental health counselors in the biological basis of behavior: Aims of the AMHCA neuroscience taskforce*. The University of Mississippi Department of Leadership and Counselor Education Student Travel Grant.

Travel Grant Award: \$300.00

Russo, G. M. (2015). *Blueprints for university-based neurofeedback program or student group*. The University of Texas at San Antonio Graduate Student Professional Development Award.

Scholarship Amount Award: \$500.00

Peer-reviewed International and National Conference Presentations

31. **Russo, G. M.**, Balkin, R. S. (2021, September 11). Evaluating the efficacy of neurofeedback for reducing symptoms of anxiety-spectrum disorders through meta-analysis [Conference session]. The 2021 Association for Assessment and Research in Counseling National Conference, Cincinnati, Ohio, USA.

30. **Russo, G. M.**, Balkin, R. S., Lenz, A. S., Powell, B., & Gregory, H. (2021, April 19). A meta-analysis of EMDR research for psychophysiological symptoms of over-arousal [Poster presentation]. The American Counseling Association Annual Conference, Virtual Conference.

29. **Russo, G. M.** & Balkin, R. S. (2020, September 12). *Time series analyses of clinician and adolescent males' perceptions of the efficacy of residential treatment for substance abuse*

- [Conference session]. Association for Assessment and Research in Counseling Annual Conference, Virtual Conference. <https://2020aarc.sched.com/event/eDJU/time-series-analyses-of-clinician-and-adolescent-males-perceptions-of-the-efficacy-of-residential-treatment-for-substance-abuse>
28. Field, T. A., Moh, Y., Gracefire, P., Luke, C., Miller, R., Beeson, E. T., & **Russo, G. M.** (2020, June 25). *AMHCA Neuroscience Taskforce update: Towards a training model for neuroscience integration* [Conference session]. American Mental Health Counselors Association Annual Conference, Virtual Conference. <https://www.amhca.org/20conference/20schedule/thursday6252020>
27. Balkin, R. S., **Russo, G. M.**, Lenz, A. S., Gregory, H., & Powell, B. (2020, April 18). *The effectiveness of EMDR: A meta-analysis* [Poster presentation]. The American Counseling Association Annual Conference, San Diego, California, USA. (*Conference canceled due to COVID-19*).
26. Balkin, R. S. & **Russo, G. M.** (2019, September 13). *Treatment trends in male adolescent substance use: A time series analysis for adolescents in recovery* [Conference session]. Association for Assessment and Research in Counseling Annual Conference, San Antonio, Texas, USA.
25. Field, T. A., **Russo, G. M.**, Gracefire, P., Moh, Y., Ghoston, M., Zalaquett, C., & Gitner, G. (2019, June 28). *Training clinical mental health counselors in the biological basis of behavior: Aims of the AMHCA Neuroscience Task Force* [Conference session]. American Mental Health Counselors Association Annual Conference, Herndon, Virginia, USA. <https://www.amhca.org/19conference/schedule>
24. **Russo, G. M.**, Bodenhamer-Davis, G., & Crawford, J. (2015, October 17). *Blueprints for*

university-based neurofeedback program or student group [Conference session]. The International Society for Neurofeedback and Research 23rd Annual Conference, Denver, Colorado, USA. <https://theisnr.wixsite.com/isnr-2015-conference/schedule>

23. Dreis, S., **Russo, G. M.**, Fitzsimmons, M., Perez, E., & Gouger, A. (2015, October 15).

Using neurofeedback to lower anxiety symptoms using individualized QEEG protocols: A pilot study [Conference session]. The International Society for Neurofeedback and Research 23rd Annual Conference, Denver, Colorado, USA.

<https://theisnr.wixsite.com/isnr-2015-conference/schedule>

Peer-reviewed State Conference Presentations

22. Miller, R. & **Russo, G. M.** (2021, August 12). *Neuro-based resiliency and substance abuse*

prevention [Conference session]. The 3rd Annual Prevention Training; Idaho Office of Drug Policy, Boise, Idaho, USA. <https://odp.idaho.gov/event/3rd-annual-prevention-training-institute/>

21. **Russo, G. M.** & Russo, J. N. (2021, April 27). *Introduction to the art and science of neurofeedback* [Conference session]. The 40th Annual F. E. Woodall Spring Conference for the Helping Professions, Cleveland, Mississippi, USA.

20. **Russo, G. M.** & Wood, A. M. (2020, March 27). *Introduction to the art and science of neurofeedback* [Conference session]. The 39th Annual F. E. Woodall Spring Conference for the Helping Professions, Cleveland, Mississippi, USA. (*Conference canceled due to COVID-19*).

19. Tatum, M. J., Spencer, M. D., **Russo, G. M.**, Wood, A. M., Wren, D., Lewis, C., King, A. M., Powell, B., Therthani, S., & Frankum, J. (2019, April 12). *To PhD or not to PhD* [Conference session]. The 38th Annual F. E. Woodall Spring Conference for the Helping

Professions, Cleveland, Mississippi, USA.

<https://www.tickettailor.com/events/deltastateuniversitycounselorededucation/232761>

18. **Russo, G. M.**, & Jones, M. (2016, October 16). *Integrating galvanic skin response and skin temperature training in your clinical practice* [Conference session]. The 42nd Annual Biofeedback Society of Texas Conference, San Antonio, Texas, USA.
17. **Russo, G. M.** (2015, September 19). *To go fast, go alone; to go far, go together: The mutual growth in the process of professional mentorship*. The 41st Annual Biofeedback Society of Texas Conference, Houston, Texas, USA.

Conducted Training Seminars, Webinars, and Workshops

16. **Russo, G. M.** (2021, September 24). *Evaluating neuroscience-informed counseling through research* [Webinar]. BRAINSTORM Live.
15. **Russo, G. M.** (2021, August 27). *Creating high-quality studies of neurofeedback or neuroscience-informed counseling* [Webinar]. BRAINSTORM Live.
14. Sobrino, M. & **Russo, G. M.** (2021, January 18). *Social and cultural foundations of individual counseling and group work: CPCE review session* [Seminar]. Department of Leadership and Counselor Education, The University of Mississippi, University, Mississippi, USA.
13. **Russo, G. M.** (2020, August 19). *Introduction to the integration of neurofeedback in counseling practice, research, and service* [Webinar]. Department of Educational Psychology, Counseling, and Special Education, The Pennsylvania State University, Virtual training.
12. **Russo, G. M.** (2018, April 18–20). *Development of a crisis toolbox: Referrals, assessments, and consultation techniques to limit liability while promoting client growth* [Workshop].

BCFS Health and Human Services, San Antonio, Texas, USA.

11. **Russo, G. M.** (2018, March 13). *Crisis! What do I do when my client is suicidal or homicidal?* [Seminar] BCFS Health and Human Services, San Antonio, Texas, USA.
10. **Russo, G. M.** (2017). *Using EEG data and research as tools in counseling* [Webinar]. BRAINSTORM Live.
https://nucounseling.adobeconnect.com/_a1316639349/ppn4v2azqgb3/?proto=true
9. **Russo, G. M.** (2017, August 21–23). *Providing heart rate variability biofeedback to clinical populations* [Workshop]. Restore Behavioral Health, San Antonio, Texas, USA.
8. **Russo, G. M.** (2016, August 22–24). *Providing heart rate variability biofeedback to clinical populations* [Workshop]. Restore Behavioral Health, San Antonio, Texas, USA.
7. **Russo, G. M., & Estrada, V.** (2012, October 2). *What we wish we knew: Mentorship seminar* [Seminar]. Student Psychology Association of The University of Texas at San Antonio, San Antonio, Texas, USA.

Invited Presentations

6. **Russo, G. M.** (2021, March 16). *A road to become a counselor and counselor educator: Academic and professional experiences.* Student Psychology Association of The University of Texas at San Antonio, San Antonio, Texas, USA.
5. **Russo, G. M., & Wren, D.** (2020, June 11). *Clinical intake interview: Major depressive disorder* [Clinical simulation video]. The University of Mississippi, Department of Leadership and Counselor Education.
4. Wren, D., Gregory, H., Lewis, C., **Russo, G. M.**, Powell, B., Wood, A. M. Montgomery, E., McClain, R. (2019, December 10). *Site supervisor training* [Clinical simulation video]. The University of Mississippi, Department of Leadership and Counselor Education.

3. **Russo, G. M.** (2018, April 3). *Neurocounseling and neurofeedback: The hope behind the squiggles*. Student Psychology Association of The University of Texas at San Antonio, San Antonio, Texas, USA.
2. **Russo, G. M.** (2017, December 5). *Technological innovations in the counseling profession*. BCFS Health and Human Services, San Antonio, Texas, USA.
1. **Russo, G. M.** (2015, April 7). *The implementation of QEEG-guided neurofeedback in the treatment of anxiety spectrum disorders*. The 2015 Ready, Set, Research! Competition, San Antonio, Texas, USA.

Published Interviews and Media Involvement

- Perryman, M. L. (2020, August 19). Michael Russo Wins MCA's Outstanding Contributor in Research Student Award. *The University of Mississippi, Department of Leadership & Counselor Education Fall 2020 Newsletter*. <http://counselor.education.olemiss.edu/wp-content/uploads/sites/22/2020/08/Fall-2020-Newsletter.pdf>
- Flores, M. (2020, August 10). Education Professor, Ph.D. Student Recognized for Counseling Research. *The Local Voice: Read at Maximum Volume*. <http://www.thelocalvoice.net/oxford/education-professor-ph-d-student-recognized-for-counseling-research/>
- Flores, M. (2020, August 6). Education Professor, Ph.D. Student Recognized for Counseling Research. *Ole Miss: The University of Mississippi News*. <https://news.olemiss.edu/education-professor-ph-d-student-recognized-for-counseling-research/>
- The University of Texas at San Antonio. (2015). *UTSA - Your Best Choice* [Television commercial]. <https://www.youtube.com/watch?v=DNGm9m6z6jo>

Villa, M. (2014). Academic excellence: UTSA named one of five certified neurofeedback U.S. training centers. *Spectrum*, 4, 30. <http://www.utsa.edu/spectrum/2014/>

Luukkonen, T. (2014). Heading toward breakthroughs. *Discovery*, 7, 27–28.
<http://www.utsa.edu/discovery/2014/>

Villa, M. (2014, November 10). UTSA named one of five certified neurofeedback U.S. training centers. *UTSA Today*. <http://www.utsa.edu/today/2014/11/sarabiacenter.html>

Program Evaluations and Needs Assessments

BUILD PODER

Transcript Analyst, Multiple Locations, MS and CA

July 2020–December 2020

- Oversaw transcript analysis for the Building Infrastructure Leading to Diversity Promoting Opportunities for Diversity in Education and Research (BUILD PODER) project at California State University, Northridge (CSUN).
 - BUILD PODER at CSUN has been funded since 2014 by a \$22 million grant from the National Institutes of Health, Diversity Program Consortium.
- Ensured transcription accuracy of faculty and student interviews. Interviews were conducted for purposes of evaluating participant experiences. Services provided through a partnership between CSUN and the Center for Research Evaluation (CERE) at The University of Mississippi.

Pathways 2 Possibilities (P2P)

Project Manager, Multiple Locations, MS and SC

May 2020–July 2020

- Analyzed quasi-experimental data pertaining to students' perceptions and sense of self-efficacy surrounding post-high school career trajectories.
- Students attended schools located in the Mississippi Delta, Mississippi Coastal areas, as well as the state of South Carolina.
- Data was analyzed in partnership between The University of Mississippi, Center for Research Evaluation (CERE) and Coastal Carolina University's Office of Institutional Research, Assessment and Analysis (IRAA).
- Prepared detailed reports, executive summaries, concise technical reports, infographics, and PowerPoint presentations in concert with project administrators, Sarah Mason and Hope Gilbert.

Tallahatchie County Public Library

Data Analyst and Community Engagement Specialist, Charleston, MS

January 2020–May 2020

- Worked as part of an interdisciplinary team to collect and analyze data which benefitted stakeholders of the Tallahatchie County Public Library.
- Contributed to the creation and distribution of surveys to assess stakeholder perceptions of library services.

Other Research Experience

The University of Mississippi, Center for Research Evaluation (CERE)

Graduate Research Assistant, University, MS

May 2020–December 2020

- Conducted program evaluations as well as needs assessments on behalf of organizational and/or institutional clients.
- Served as a mentor to junior-level colleagues as part of an interdisciplinary team.
- Completed technical reports, executive reports, and 2-page programmatic overviews which were used in advocating for continuation of funding from the Mississippi State Legislature.
- Provided evaluation services for projects funded by organizations such as: [The W. K. Kellogg Foundation](#), [Bloomberg Philanthropies](#), and [The National Institute of Health Diversity Program Consortium](#).

University of Memphis, Dept. of Counseling, Educational Psychology and Research, BRAIN CENTER

Consultant (unfunded), Memphis, TN

November 2019–Present

- Evaluated efficacy of neurofeedback sessions provided to empower individuals who have aversive childhood experiences.
- Provided consultation about the nature of changes which occurred during neurofeedback sessions whilst collaborating with a multidisciplinary, grant funded team consisting of representatives from: University of Tennessee Health Science Center, University of North Texas, The New Mind Center, and COMPASS Intervention Center. All research procedures/techniques were performed under the supervision of the Principle Investigator, Eraina Schauss.

UTSA, Department of Psychology, DYAD Research Lab

Graduate Research Assistant, San Antonio, TX

August 2014–May 2015

- Studied the effects of alcohol on females' ability to negotiate healthy condom use behaviors to protect against sexually transmitted infections.
- Performed scripted and recorded interactions with participants during double-blind research conditions.
- Conducted para-verbal and verbal video coding
- Ensured grant-compliance through the following funding sources:
 - The National Institute on Drug Abuse/NIH (SC1 DA031962) Total Award: \$1,408,875
 - The National Institute on Alcohol and Alcoholism/NIH (R21 AA018403) Total Award: \$408,620
 - The National Institute on Alcohol and Alcoholism/NIH (R01 AA014512-06-10) Total Award: \$2,897,992

UTSA, Department of Psychology, Psychoneuroendocrinology Research Lab

Undergraduate Research Assistant (unfunded), San Antonio, TX

April 2013–May 2014

- Explored epigenetic mediators of childhood trauma and the effects of trauma on the cortisol awakening response.
- Administered psychometric batteries.
- Maintained compliance with IRB requirements and standards.

Other Projects and Creative Works

Project timespan: April 2014–May 2017.

G. Michael Russo served as the liaison between UTSA and The Biofeedback Certification International Alliance (BCIA) to negotiate a contract to allow UTSA students the opportunity to take the Board Certification in Neurofeedback (BCN) exam on campus. UTSA was already offering all of the additional components necessary for students to obtain their BCN with the exception of a location where the exam could be proctored. To eliminate this gap, Russo worked in concert with the following organizations: BCIA, The UTSA Business Contracts Office, The UTSA Department of Counseling, UTSA Student Government Association, and UTSA chapter of Students of The International Society for Neurofeedback and Research (SISNR). Collaboratively, the organizations were successfully able to collaborate to address this need, thus allowing students to sit for their BCIA BCN exam on campus.

Project timespan: November 2014–February 2015.

Created the Students of The International Society for Neurofeedback and Research (SISNR) organizational constitution. Constitution designed to be used by students who wished to start a chapter of SISNR at their local college/university. Constitution approved by ISNR's Legal Affairs and approved by The ISNR Board of Directors on February 23, 2015.

Project timespan: April 2014–December 2014.

Primary author of 38 GA 104: "Resolution for Veteran Success". Resolution created to assist UTSA student veterans, active duty members, and their dependents in acquiring a central location to access resources. Examples of resources include: mental health resources, study room, and information about tuition/fees compensation. Prior to this resolution, individuals would have to attempt to navigate numerous systems on their own or with word-of-mouth assistance. Resolution 104 was unanimously passed by The 38th General Assembly of The UTSA Student Government Association and signed by SGA President, Zack Dunn.

PROFESSIONAL LICENSE / CERTIFICATION / TRAININGS

Licensure

Licensed Professional Counselor (LPC) **June 2021–Present**
Idaho Licensing Board of Professional Counselors and Marriage and Family Therapists
Licensure Number: LPC-8168

Provisionally Licensed Professional Counselor (P-LPC) **August 2018–June 2021**
Mississippi State Board of Examiners for Licensed Professional Counselors
Licensure Number: P-0505

Certifications

National Certified Counselor **June 2018–Present**
National Board for Certified Counselors
Certification Number: 997528

Board Certified in Neurofeedback, Associate Fellow* **July 2015–Present**
Biofeedback Certification International Alliance
Certification Number: E5800
*Internationally recognized in 2015 as one of the youngest individuals to obtain clinician-level certification

Nonviolent Crisis Intervention **June 2014–June 2016**
Crisis Prevention Institute
Certification Number: NCA0C312

Trainings (*Selected*)

Neurocounseling: Brain-Based Clinical Approaches **March 2017**
The American Counseling Association (ACA), San Francisco, CA

Columbia-Suicide Severity Rating Scale (C-SSRS) **February 2017; February 2018**
The Columbia Lighthouse Project

Psychological First Aid (PFA) **February 2017**

The National Child Traumatic Stress Network (NCTSN)

Strategic Planning Approach to Suicide Prevention **January 2017**
Suicide Prevention Resource Center (SPRC)

Counseling on Access to Lethal Means (CALM) **February 2016**
Suicide Prevention Resource Center (SPRC)

Social, Behavioral, and Education (SBE) Sciences Responsible Conduct of Research Course **August 2013**
Collaborative Institute Training Initiative (CITI Program)

Social/Behavioral Research Course **August 2013; October 2019**
Collaborative Institute Training Initiative (CITI Program)

Didactic Neurofeedback Course **November 2012**
Stens Biofeedback Corporation, Austin, TX

Question Persuade Refer (QPR) **December 2011**
UTSA Counseling Services, San Antonio, TX

PROFESSIONAL & CLINICAL EXPERIENCE

The University of Mississippi, University Counseling Center
Clinical Graduate Assistant, University, MS August 2018–May 2019; August 2019–May 2020

- Worked as part of an interdisciplinary team to provide evidence-based clinical services from a humanistic and neuroscience-informed counseling framework under the direct supervision of J. McCormick, Ph.D., LPC-S (8/18–12/18); K. Harrison, M.Ed., LPC-S (1/19–4/1/2020); and, Marc Showalter, Ph.D., LPC-S (4/1/20–5/2020).
- Provided crisis intervention to individuals were considering suicide/homicide, some of which also experienced delusional thoughts/psychosis.
- Provided field-based clinical supervision to master’s level counselors-in-training as part of the requirements of their *CACREP-accredited* internship experience. Addressed the following *CACREP Standards*: Section 3A-E and J-V, Section 4F-H, and Section 5-C3a-e.
- Co-facilitated clinical groups which focus on empowering loved ones and children of individuals who struggle with addiction.
- Maintained client records in accordance with the state of Mississippi Licensed Professional Counselors Board Rules, HIPPA requirements, and the University Counseling Center rules/regulations.

Mississippi Department of Mental Health
Behavioral Health Specialist II, North Mississippi Regional Center, Oxford, MS May 2019–August 2019

- Provided individual, group, and family therapy to adults with severe or profound levels of Intellectual/Developmental Disability.
- Created individualized service plans and trained staff on appropriate implementation using an Applied Behavioral Analysis and Humanistic framework.
- Worked as part of a multidisciplinary team under the supervision of S. Beard, M.Ed., LPC-S.

BCFS Health and Human Services
Internship Coordinator & Case Manager, Resiliency Through Healing, San Antonio, TX February 2018–August 2018

- Created internship coordination and crisis intervention procedures that have been utilized in multiple programs including: Services To At Risk (STAR) Youth, Preparation for Adult Living (PAL), Texas Family Together and Safe (TFTS), and Resiliency through Healing (RTH).
- Worked with individuals aged 18 to 25 who experienced trauma, abuse, and/or neglect during their childhood and/or adolescence. Assisted with emotional support, resource acquisition, and referral to in-house mental health clinicians.
- Supervised master's level mental health interns (CMHC, MFT, and social work) on crisis hotline protocols, walk-in procedures and daily operations.
- Assisted in the development of the RTH program by providing grass roots efforts to create and maintain partnerships with local mental health practices, organizations, and universities.

Student Counselor, Preparation for Adult Living (PAL), San Antonio, TX March 2017–December 2017

- Provided therapeutic support to youth and young adults who are currently in the foster care system, or have recently transitioned out of foster care. Therapy was provided under professorial supervision of Dr. G. Juhnke and Dr. B. Jones. On-site supervision was provided under R. Fletcher and K. Rodriguez.
- Assisted in the development of The Resiliency Through Healing Program by providing mentorship to case management staff under the supervision and guidance of Ms. K. Rodriguez.
- Facilitated Department of Family and Protective Services (DFPS) Preparation for Adult Living (PAL) groups covering the following topics: (1) Health and Safety; (2) Housing and Transportation; (3) Job Readiness; (4) Financial Management; (5) Life Decisions and Responsibility; (6) Personal and Social Relationships.

Restore Behavioral Health, PLLC

Clinical Care Coordinator, San Antonio, TX April 2016–February 2018

- Empowered client growth through the completion of over: 2,000 neurofeedback sessions, 400 clinician-ordered psychological batteries, and 100 QEEG recordings. All sessions completed under the supervision of Dr. M. Down.
- Coordinated 3 pro bono, neurofeedback research studies to provide treatment for clients suffering from: (1) PTSD, (2) Traumatic Brain Injury, or (3) Autism Spectrum Disorder.
- Updated crisis intervention procedures by providing training resources for the C-SSRS. Clients who were at high-risk for suicide met with a clinician for same-day appointments.
- Supervised undergraduate-level student interns in administration of self-report clinical assessments, assessment scoring, and creation of clinical reports that were reviewed by licensed clinical psychologists.

Archdioceses of San Antonio, Catholic Charities

Student Counselor, San Antonio, TX January 2017–May 2017

- Provided counseling services to under-served client populations under professorial supervision of Dr. G. Juhnke and on-site supervision of J. Locke.
- Provided therapeutic services to clients of various backgrounds including individuals who were refugees from the war in Uganda, individuals in a homeless environment, and/or in an active state of crisis.
- Held grief and loss groups for adolescent males at St. Anthony High School.

The University of Texas at San Antonio, Department of Counseling

Student Counselor, Sarabia Family Counseling Center, San Antonio, TX January 2016–December 2016

- Counseled individuals and families from the community who were aiming to implement lifestyle changes. Therapy was brief (7–10 sessions on average) and utilized a solution focused theoretical orientation. Counseling was provided under the professorial supervision of Dr. G. Juhnke and Dr. M. Rosales.
- Administered vocational and clinical assessments including: O*net Interest Profiler, The SAD PERSONS Scale, Session Rating Scale (SRS), and Outcome Rating Scale (ORS).

- Maintained client records in accordance with The State of Texas Licensed Professional Counselors Board Rules, HIPPA requirements, and Sarabia Family Counseling Center rules/regulations.

Texas Department of Corrections

Group Facilitator, Bexar County Juvenile Justice Program, San Antonio, TX August 2016–December 2016

- Provided court mandated psychoeducational groups to at-risk youth and their caregivers under professorial supervision of Dr. G. Juhnke.
- Youth groups focused on the topics of healthy communication, character building, and problem-solving strategies.
- Parenting groups focused on parenting skills, communication styles, and familial wellness.

La Paz Community Mental Health Care Center

Clinical Group Facilitator, San Antonio, TX January 2016–May 2016

- Provided therapeutic groups to adults with chronic psychological pathology and/or intellectual disabilities.
- Advocated for increased availability of resources whilst promoting client autonomy and independence to facilitate a greater sense of welfare.
- Maintained client records in accordance with The State of Texas Licensed Professional Counselors Board Rules, HIPPA requirements, and La Paz rules/regulations.

Laurel Ridge Treatment Center, UHS, INC

Assistant to The Director of Electroconvulsive Therapy, San Antonio, TX November 2014–December 2015

- Advocated on behalf of over 230 clients that sought Electroconvulsive Therapy treatment.
- Provided emotional support to clients before and after treatment under the supervision of Dr. R. A. Faber.
- Verified that appropriate medical clearance and voluntary consent was provided in compliance with The State of Texas Administrative Code (Title 25, Part 1, Chapter 405, Subchapter E) prior to ECT treatment.

Mental Health Worker, San Antonio, TX

August 2014–December 2015

- Supervised therapeutic milieu on the Psychiatric Intensive Care (P-ICU) and Adult Substance Misuse Unit.
- Monitored individual patient progress and assisted with healthy conflict resolution.
- Assisted patients with individualized therapeutic goals.

Kingwood Pines Hospital, UHS, INC

Mental Health Technician, Houston, TX May 2014–August 2014

- Assisted patients in healthy conflict resolution and boundary setting.
- Managed milieu on Psychiatric Intensive Care (P-ICU), Adult Substance Misuse Unit, Adolescent Male and Childhood Units to ensure patient safety and wellness.
- Provided care to clients suffering from pervasive psychological distress.

Lead Instructor of Patient Education, Houston, TX

May 2012–August 2012

- Taught patient education groups with individuals who ranged from 3 to 66+ years of age. Individuals aimed to learn coping skills to manage acute and/or chronic mental health diagnoses. Services provided under the supervision of Ms. B. Robertson.
- Created patient education handbooks which were used and provided to each unit at the hospital.
- Ensured continuity of patient health education by implementing the Mental Health Technician lead education groups upon my departure.

Integrative Counseling and Neuroeducation Services (iCNS)

Senior Intern, San Antonio, TX

August 2012–May 2014

- Responsible for updates to *The Comprehensive Bibliography* for The International Society for Neurofeedback and Research under the supervision of Dr. A. Novian located at: <http://www.isnr.org/resources/comprehensive-bibliography.cfm>
- Maintained HIPPA compliance when working with client records.
- Trained interns from The UTSA Department of Psychology on office procedures, crisis protocol, and billing practices.

The Rowdy Runner Brain Inventory (RRBI)

Founder, San Antonio, TX

June 2013–May 2014

- Negotiated and signed a 5-year (June 2014– June 2019) contract with The Princeton Review. Contract designated the donation of testing scholarships valued at \$20,985.00 and membership discounts valued at \$66,452.50.
- Negotiated and signed a 1-year (June 2013– June 2014) contract with Kaplan, Inc. Contract designated the donation of testing scholarships valued at 2,798.00 and membership discounts valued at 42,669.50.
- Created "The Dr. Mary McNaughton-Cassill Scholarship of Student Success" Scholarship is awarded bi-annually and entitles recipient to enroll in an in-person test preparation course for free.
- Acquired event sponsorship from The UTSA Office of Student Activities with an available operating budget of 5,000 over a 5-year period (April 2014–April 2019).
- Marketing of competition occurred via: Roadrunner Late Night, UTSA Chapter of Psi Chi, Student Psychology Club at UTSA, The UTSA Department of Psychology, and UTSA Student Government Association.

University Oaks at The University of Texas at San Antonio

Community Assistant, San Antonio, TX

December 2011–January 2013

- Provided acculturation assistance for over 500 students, many of whom were of international origin.
- Assisted students in acquisition of mental health services and provided crisis intervention services.
- Provided community-building activities/events that met the interests and needs of the student community.

PROFESSIONAL SERVICE AND LEADERSHIP

Editorial

International Association for Counselling (IAC)

Editorial Board Member, *International Journal for the Advancement of Counselling*

May 2021–Present

Association for Assessment and Research in Counseling (AARC)

Editorial Assistant, *Counseling Outcome Research & Evaluation (CORE)*

January 2020–June 2021

International Service and Leadership

International Association for Addiction and Offender Counseling (IAAOC)

Chair, Neuroscience Committee

August 2021–Present

The International Society for Neuroregulation and Research (Formerly: International Society for Neurofeedback and Research)

Co-Chair, Student Advocacy Committee

January 2014–December 2019

Abstract Reviewer, Conference Committee

May 2017; May 2019

National Service and Leadership

American Counseling Association (ACA)

Mentor, ACA Mentorship Program

February 2021–Present

Member, Publications Committee

July 2020–Present

American Mental Health Counselors Association (AMHCA)

Member, Neuroscience Taskforce (NTF)

December 2018–Present

Member, NTF Applications Workgroup

January 2020–Present

Member, NTF Leadership Circle

October 2019–October 2020

Member, NTF Counselor Education & Training Subcommittee

December 2018–December 2019

Association for Multicultural Counseling and Diversity (AMCD)

Graduate Student Mentee

January 2016–January 2017

Regional/State Service and Leadership

Institute for the Study of Behavioral Health and Addiction

Coordinator, Community and Legislative Relationships

May 2021–Present

Mississippi Counseling Association (MCA)

Northwest Regional Legislative Contact, Government Relations Committee

July 2019–July 2021

Advocate, Day at the Capital

January 2019; January 2020

Southern Association for Counselor Education and Supervision (SACES)

Member, Graduate Student Committee

January 2016–December 2018

Texas Counseling Association (TCA)

Advocate, Day at the Capital

January 2015

University Service and Leadership

Boise State University

University Wide Service

Member, Bookstore Advisory Board

August 2021–Present

School of Education

Member, College Improvement Board

September 2021–Present

Member, Curriculum Committee

August 2021–Present

Department of Counselor Education

Co-Advisor, Beta Sigma Epsilon chapter of Chi Sigma Iota

May 2021–Present

Member, Strategic Alignment Committee

August 2021–Present

Member, Doctoral Selection Committee

August 2021–Present

Member, Recruitment and Retention Committee

August 2021–Present

Member, Department of Counselor Education MA Selection Committee

August 2021–Present

Addiction Counseling Cognate & Internship Coordinator

April 2021–Present

Dissertation Committee Member for Rebecca Dickinson

April 2021–Present

The University of Mississippi

Vice President, Epsilon Mu chapter of Chi Sigma Iota	February 2020–April 2021
PhD Student Evaluator, CES Assistant Professor Search Committee	January 2019
PhD Student Evaluator, CES Associate/Full Professor Search Committee	November 2018

The University of Texas at San Antonio

Student Liaison, BCIA Neurofeedback Cert. Exam Proctorship	April 2014–December 2017
Advocacy Chair, Sigma Alpha Chi chapter of Chi Sigma Iota	February 2015–February 2016
Founding President, Students of ISNR	January 2015–January 2016
Graduate Senator, Student Government Association (SGA)	January 2015–December 2016
Committee Member, SGA Academic Affairs Committee	January 2015–December 2016
Grad. Student Rep., Council for Accreditation of Cou. & Related Educational Programs (CACREP)	2015
College of Education and Human Development Senator, SGA	January 2014–December 2014
Committee Member, SGA Student Affairs Committee	January 2014–December 2014
President, UTSA Student Psychology Club	January 2012–December 2014
Treasurer, UTSA Chapter of Psi Chi	January 2013–December 2014
Founding Chair, Rowdy Runner Brain Inventory (RRBI)	April 2013
Founding Board Member, Undergraduate Research & Creative Inquiry Showcase	May 2013

Professional Affiliations (*Selected*)

International Association for Counselling (IAC) 2021–present

American Mental Health Counselors Association (AMHCA) 2016–present

Chi Sigma Iota (CSI), Counseling Academic & Professional Honor Society 2015–present

Beta Sigma Epsilon Chapter (Boise State University) 2021–present

Epsilon Mu Chapter (The University of Mississippi) 2018–2021

Sigma Alpha Chi Chapter (The University of Texas at San Antonio) 2015–2018

The International Society for Neuroregulation and Research (ISNR) 2013–present

American Counseling Association (ACA) 2012–present

ACA Division Membership

International Association for Addiction and Offender Counseling (IAAOC) 2021–present

Association for Assessment and Research in Counseling (AARC) 2018–present

Association for Humanistic Counseling (AHC) 2018–present

Association for Counselor Education and Supervision (ACES) 2015–present

Southern Association for Counselor Education and Supervision (SACES) 2015–present

Association for Creativity in Counseling (ACC) 2014–present

American College Counseling Association (ACCA) 2012–2014

ACA Branch Membership

Idaho Counseling Association (ICA) 2021–Present

Mississippi Counseling Association (MCA) 2018–present

Mississippi Association of Counselor Educators and Supervisors (MACES) 2018–present

Mississippi Graduate Student Counselors Association (MGSCA) 2018–present

Mississippi Licensed Professional Counselors Association (MLPCA) 2018–present

Texas Counseling Association (TCA) 2013–2018

Texas Association for Counselor Education and Supervision (TACES) 2015–2018

<u>ACA Organizational Affiliate</u> International Association for Resilience and Trauma Counseling (IARTC)	2021–present
Biofeedback Society of Texas (BSTX)	2015–2016

AWARDS / HONORS

Awards

Outstanding Contributor Research - Student Award <i>Mississippi Counseling Association, Virtual Conference, MS</i>	November 2020
Outstanding Doctoral Student in Counselor Education Research Award <i>The University of Mississippi, School of Education, University, MS</i>	May 2020
President's Volunteer Service Award- Bronze Level <i>The President's Council on Service & Civic Participation, Washington, DC</i>	April 2017
Most Outstanding Graduate Student at the Masters' Level <i>Southern Association for Counselor Education and Supervision (SACES), Philadelphia, PA</i>	October 2015
Most Outstanding Graduate Student <i>The University of Texas at San Antonio, San Antonio, TX</i>	April 2015
Volunteer of The Year <i>Protectors of Animal Welfare and Safety (PAWS), San Antonio, TX</i>	December 2014
The Jane Findling Award <i>The University of Texas at San Antonio, San Antonio, TX</i>	April 2014
Most Outstanding Senior Student (Finalist) <i>The University of Texas at San Antonio, San Antonio, TX</i>	April 2014
President's Volunteer Service Award- Gold Level <i>The President's Council on Service & Civic Participation, Washington, DC</i>	April 2014; April 2016
Extra Mile Award <i>Campus Living Villages, San Antonio, TX</i>	May 2012

Honors

The Honor Society of Phi Kappa Phi Baton Rouge, LA ID Number: 12658638	April 2020
Chi Sigma Iota, The International Counseling Academic and Professional Honor Society Greensboro, NC ID Number: 33122906	May 2015

Who's Who Among Students in American Universities and Colleges

April 2014

The University of Texas System, San Antonio, TX

ID Number: 645714

Psi Chi, The International Honors Society in Psychology

January 2012

Chattanooga, TN

ID Number: 1059455

Honors Alliance

January 2012

The University of Texas at San Antonio, San Antonio, TX

CONFERENCE ATTENDANCE

International and National

Association for Assessment and Research in Counseling, <i>Cincinnati, OH</i>	2021
American Counseling Association, <i>Virtual Conference</i>	2021
American Evaluation Association, <i>Virtual Conference</i>	2020
International Society for Neuroregulation and Research, <i>Virtual Conference</i>	2020
Association for Assessment and Research in Counseling, <i>Virtual Conference</i>	2020
American Mental Health Counselors Association, <i>Virtual Conference</i>	2020
American Counseling Association, <i>San Diego, CA (Canceled due to COVID-19)</i>	2020
Association for Assessment and Research in Counseling, <i>San Antonio, TX</i>	2019
American Mental Health Counselors Association, <i>Herndon, VA</i>	2019
American Counseling Association, <i>San Francisco, CA</i>	2017
International Society for Neurofeedback and Research, <i>Denver, CO</i>	2015
Association for Counselor Education and Supervision, <i>Philadelphia, PA</i>	2015
Association for Creativity in Counseling, <i>San Antonio, TX</i>	2015
International Society for Neurofeedback and Research, <i>Dallas, TX</i>	2013

Regional

Southern Association for Counselor Education and Supervision, <i>Myrtle Beach, SC</i>	2018
Southern Association for Counselor Education and Supervision, <i>New Orleans, LA</i>	2016

State and Local

3 rd Annual Prevention Training Institute, <i>Boise, ID</i>	2021
40 th Annual F. E. Woodall Spring Conference for the Helping Professions, <i>Cleveland, MS</i>	2021
70 th Annual Mississippi Counseling Association Conference, <i>Virtual Conference</i>	2020
39 th Annual F. E. Woodall Spring Conference for the Helping Professions, <i>Cleveland, MS (Canceled due to COVID-19)</i>	2020
38 th Annual F. E. Woodall Spring Conference for the Helping Professions, <i>Cleveland, MS</i>	2019
Youth Safety Summit, <i>San Antonio, TX</i>	2016
The Biofeedback Society of Texas, <i>San Antonio, TX</i>	2016
The Biofeedback Society of Texas, <i>Houston, TX</i>	2015
Undergraduate Research and Creative Inquiry Showcase, <i>San Antonio, TX</i>	2013
Texas Counseling Association, <i>San Antonio, TX</i>	2013