COVID-19 Saliva Testing Collection Steps

**STEP 1**
Clean hands with hand sanitizer provided.

**STEP 2**
Remove cap from the collection vial.

**STEP 3**
Relax and allow the saliva to pool in your mouth. Thinking of your favorite food may help. When you feel like you have to swallow, you are ready to provide your sample. Remove only one side of your mask and replace when not providing sample.

**STEP 4**
Place the top of the open vial to your mouth and spit the pooled saliva into the collection vial until liquid reaches the fill line indicated.

**Repeat STEPS 3 & 4:** Bubbles and foam are normal but must be above fill line.

**STEP 5**
Recap the collection vial and then place vial on the table.

Clean hands with hand sanitizer and alert staff when collection is complete.